

Fido Cares

We give you FidoDollars™ so you can get your next phone for less.



fido

Canadian Legal Resource Centre Inc.
CALL NOW! Mon-Sat Daytime & Evening Appointments
403.229.2774 FREE CONSULTATION
UNCONTESTED DIVORCES
Legal Separation Agreements
Spousal Land Transfers
www.canadianlegal.org
CRIMINAL RECORD?
Canadian Pardons
US Travel Waivers
Fingerprinting
21+ years experience
Voted #1 Paralegal
Why pay more?

The world's largest global newspaper
metro®
CALGARY • THURSDAY, NOVEMBER 26, 2009 metronews.ca

CANADA OLYMPIC PARK
ski & snowboard
PROGRAMS
YOUTH
Ages 6-12 • 13-15
FROM
\$50
CANADA OLYMPIC PARK
 403.247.5452
www.winsportcanada.ca

Facebook reaction

Hundreds of Facebook comments were posted to a page dedicated to the release of Amanda Lindhout, immediately after her release.

- Amanda Jackson Eveson: Extremely wonderful news. Alberta is waiting for you Amanda.
- Eva Manasieva-Singh: it is confirmed :) gosh! So happy!!!!
- Martin Adams: Yes, Amanda has been freed!!!

News on the Move

What's this barcode for?
Learn how to scan the barcode with the instructions at the top of pg 3



Lindhout freed

Albertan says captors tortured her in Somalia

Canadian journalist Amanda Lindhout, freed after 15 months of captivity in war-torn Somalia, said yesterday she was isolated, beaten and tortured, and dreamed of walking through Vancouver's Stanley Park to stay sane and not lose hope.

"My day was sitting on a floor in a corner, 24 hours a day for the last 15 months," Lindhout said in an interview with CTV from the Somali capital Mogadishu.

"There were times I was beaten, I was tortured," said the freelance journalist, her voice breaking, as she described her days in a dark, windowless room. "It was an extremely, extremely difficult situation."

Lindhout, from Sylvan Lake in central Alberta, and Australian photographer Nigel Brennan were kidnapped Aug. 23, 2008. Somali officials said they were

Ransom

• Regarding a ransom, Calgary-based counterterrorism expert Daniel Clayton told Metro yesterday it "was definitely paid. The funds used were from charitable organizations and fundraising efforts from family and friends." He added reports suggest private companies have contributed cash to secure Lindhout's release.

METRO CALGARY

released yesterday, 459 days after their ordeal began.

Lindhout's captors had demanded a ransom anywhere from \$1 million to \$2.5 million US during the ordeal. Some published reports said \$1 million was paid, but didn't say by whom.

In Somalia, one police spokesman said, on condition of anonymity, that

\$700,000 US was paid.

The 28-year-old freelance journalist had worked as a TV reporter in foreign hotspots such as Africa and Iraq, when she went to Somalia — a poor, war-torn land on the Horn of Africa — on Aug. 20, 2008, to work for a French TV channel.

Three days later, she and Brennan were grabbed by armed gunman.

Lindhout said she believes her captors will have no trouble slipping into the obscurity of Somalia's lawless underworld.

THE CANADIAN PRESS

Amanda Lindhout



Gift Guide pg 21

Ideas for your list



Celebrity Buzz pg 37

SATC stars keep their distance

On the web
Visit metronews.ca for news updates

ShareYourViews
calgaryletters@metronews.ca

Timeline of events in journalist's captivity

What happened over the 15-month captivity of Canadian journalist Amanda Lindhout:

Aug. 23, 2008: Lindhout is abducted along with Australian freelance photographer Nigel Brennan, Somali guide and reporter Abdifatah Mohammed Elmi and two Somali drivers.

Aug. 26 Media freedom advocacy group Reporters

Without Borders says Lindhout and her fellow abductees have not been harmed and are being kept in acceptable conditions.

Sept. 3 Media reports emerge that government officials have made contact with the kidnappers and that negotiations have begun.

Sept. 8 Reporters Without Borders says abductors

are demanding a \$2.5-million US ransom.

Oct. 13 Kidnappers reportedly tell an Iranian news correspondent that Lindhout and Brennan will be killed if the ransom is not paid within 15 days.

Jan. 16, 2009: National Union of Somali Journalists says Elmi and two Somali drivers are released.

June 10 CTV reports re-

ceiving a call from Lindhout, during which she says she is being held in chains in a windowless room.

Aug. 22 Lindhout and Brennan families issue a joint statement to mark one year since the kidnapping.

Nov. 25 Lindhout and Brennan are freed in Mogadishu.

THE CANADIAN PRESS



200 km

The Healthy Retirement Group Inc.
is an independent broker for
ROGERS
OIL & GAS INC.

BAKKEN OIL OPPORTUNITY
100% Tax Deductible Investment!
Upcoming Seminar on November 26, 2009 at 6:30pm at the Delta Calgary South

This advertisement and information contained within, does not constitute an offer or solicitation to purchase or sell securities. Such an offer can only be made by way of Offering Memorandum. All investments involve some degree of risk. Please consult a financial professional.

Limited time offer!
403-973-7787
invest@healthyretirement.ca

When children play the world wins.

Johann Olav Koss
Founder of Right To Play

FREE Roots Genuine Leather Gift



When you use your MasterCard® to make a purchase of \$125 or more.

*Limited time offer at participating Roots, roots 73 outlet locations and roots.com while supplies last. Some conditions apply, see in-store or online for details.

Sophie Green
Roots Brand Ambassador

MasterCard® PRESENTS CANADA COLLECTION BY Roots
Proudly made in Canada
PROCEEDS SUPPORT RIGHTTOPLAY



roots.com

CLARIFICATION: City asking Race City for \$1,134,000 per year

The City of Calgary is actually asking Race City Speedway for \$1,134,000 per year to lease the land over the next five years, not \$134,000 as stated in yesterday's Metro. Metro regrets the error. METRO NEWS SERVICES

Can the city find another 1 per cent?

DARREN KRAUSE
darren.krause@metronews.ca

To achieve another one per cent reduction in Calgarians' tax bill, roughly another \$9 million in additional revenue or budget cuts must be found.

As aldermen negotiated their way to a 4.79 per cent tax hike in a Monday special meeting of council, several ideas for cost cuts and revenue increase were bandied about in order to reduce the tax burden on Calgarians.

Here are some of the proposals and the net result they could have had on the budget:

CIVIC PARTNERS: Ward 13's Diane Colley-Urquhart suggested the City of Calgary's 15 civic partners participate in the city's mandated 1.7 per cent cut to all departments.

A total of \$69 million is doled out to civic partners, however Colley Urquhart's amendment excluded the

What do you think?

- Do you think the city can find another one per cent? If so, what could be cut? Email us what you think at calgaryletters@metronews.ca.

Calgary Public Library's \$37 million. This amendment was defeated. Ald. Joe Ceci and others opposed to the cut were concerned it would severely hamper "quality of life" organizations.

Net result: Est. \$554,000 in savings.

CORPORATE SERVICES:

This department, which includes such city services as Corporate Properties, Customer Service, Human Resources, IT and the Calgary Housing Company, was eyed by Ald. Ric McIver for a "global" \$2.8 million cut.

The department manager couldn't estimate the impact of those cuts, only to say front line services could be compromised.

This amendment was defeated.

Net result: Est. \$2.8 million in savings.

CALGARY POLICE SERVICE:

The CPS submitted a 1.7 per cent cut of a nearly \$265 million budget, along with other city business units, but these cuts were declined by the city.

Net result: Est. \$4.5 million in savings.

CALGARY PARKING AUTHORITY:

Parking fees reductions were approved. However, fine increases and implementing after hours and weekend fees were sent back to the CPA board for review. Mayor Bronconnier said council wasn't "interested" in the extra charges.

Net result: Est. \$4 million in revenue.

TOTAL NET RESULT:

\$11.8 million in cuts and revenue.

Other suggestions were made, and administration is to look for "opportunities" to find other efficiencies.



Is there another one per cent that can be cut in the proposed 4.79 per cent tax hike? Ward 12 Ald. Ric McIver thinks so. You be the judge.

AHS plans to cut nurses: NDP head

HEALTH Alberta NDP leader Brian Mason claims the head of Alberta Health Services has a plan for health reform that includes the reduction of nurses.

Mason cited a document from the College and Association of Registered Nurses of Alberta (CARNA), indicating AHS boss Stephen Duckett's plan to "hire less than 40 per cent of nursing graduates, lay off RNs and offer voluntary retirement packages to others." The AHS has asked that CARNA remove the posting from their website, saying it misrepresents talks between AHS and industry partners.

METRO CALGARY

City hall a sea of green at Grey Cup party

SPORTS If yesterday's launch was any indication, Calgary is going to be one big Green Cup party this weekend.

At least, those were the hopes of Saskatchewan Roughriders fans who showed up to city hall in green jerseys for the kickoff of Grey Cup festivities.

After driving almost eight hours to get to the city from Pilot Butte, Sask., couple Lionel and Barb Robin said they wouldn't have missed this party for the world. "We go every year no matter where it is, but Calgary is a great city, great hosts and everyone has been amazing so far," Lionel said.



It was all green as Saskatchewan Roughrider fans came out in force as Calgary celebrated yesterday with the 2009 Grey Cup and Festival kickoff in front of city hall yesterday.

They revelled in the celebratory atmosphere yesterday even though the actual party hasn't started yet.

"It kind of reminds me

of the Calgary Stampede," Barb said.

While green faces prevailed, there was at least one Montreal Alouette fan

sticking out — Montreal-born John Holden.

"This is really special for me. I'm a die-hard Als fan," Holden said. He explained a medical emergency kept him from attending the last Calgary Grey Cup in 2000. "But here I am now, and so is Montreal," he added.

Mayor Dave Bronconnier is excited the city is hosting the traditional festival, which began in Calgary more than 60 years ago. "The Grey Cup is one of the most celebrated sports events in Canadian history. More than a football game, it brings Canadians together from across this country," he said.

KRISTA SYLVESTER/METRO CALGARY

CANDICE WARD/
FOR METRO EDMONTON

News in brief

SOCIAL MEDIA Premier Ed Stelmach is asking Albertans to use popular social media formats to ask him questions as part of a "year end review." He will be accepting questions until Dec. 4 through his website, his Twitter account and the government YouTube account.

NABBED Calgary police have in custody a man that was wanted on a Canada-wide warrant. Brad Richard Fredriksen, 37, turned himself in yesterday. He is serving a federal sentence for assault, drug trafficking and other offences, and was wanted for breach of parole.

METRO CALGARY

REEVES COLLEGE
Guiding Your Success

1-800-710-1448

WWW.LEARN.REEVESCOLLEGE.CA

DIPLOMA PROGRAMS

HEALTH CARE Massage Therapy | Medical Office Administrator | Retail Pharmacy Technician | Medical Administrative Assistant

TECHNOLOGY Network and Internet Security Specialist | Help Desk Support Analyst

BUSINESS & LEGAL Paralegal | Business Administration E-Commerce Management | Accounting and Payroll Administrator | Professional Legal Assistant | Oil & Gas Administrative Assistant | Computer Graphic Design | Business Administration Management

- Financial Aid Available to Qualified Applicants
- Career Services Assistance
- High Graduate Employment Rates
- 10 Campuses in AB
- Classes Filling Fast – Call Now to Reserve a Seat

* Not All Programs Available At All Campuses.

Pertains To A Reeves College Program

Pertains To A CDI College Program

CDI COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE

1-888-245-6827

WWW.CAL.CDICOLLEGE.CA

Climate protest in Edmonton nets 9 charges

ENVIRONMENT Only nine petty trespassing fines were handed out to the group of about 16 protesters who staged a peaceful sit-in at Labour Minister Rona Ambrose's Edmonton constituency office yesterday.

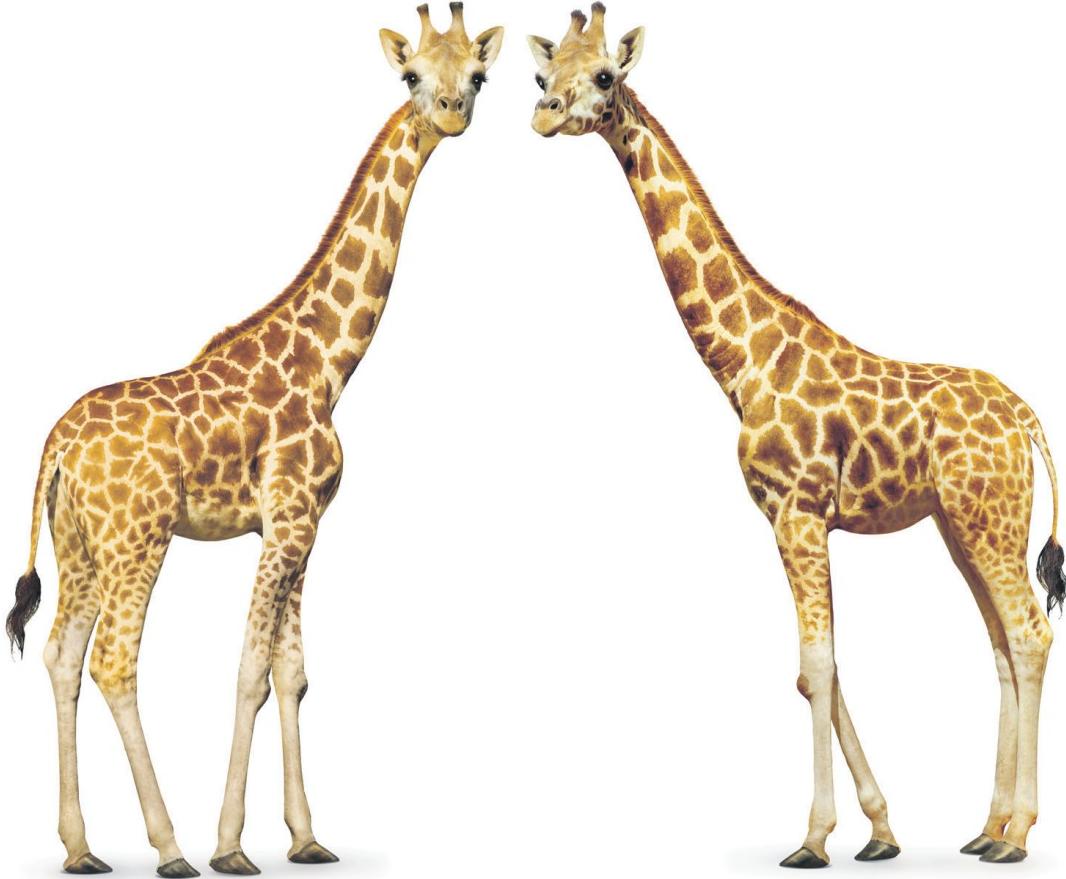
The group of concerned citizens, armed with sleeping bags and megaphones, set up inside and outside the office, demanding action from the federal government against climate change.

"We are here to stand up and say it is time to take some action," said protester Keely Kidner.

With the UN Climate Change Conference set to begin Dec. 7 in Copenhagen, the group has contacted MPs and held rallies, flash mobs, and phone-ins in an attempt to stir change.

A similar event took place in Calgary on Monday, which saw protesters occupy Environment Minister Jim Prentice's office.

Connect with confidence.



Switch to the most secure High Speed access.*

Sign up for TELUS High Speed
and get:

- 1 month FREE†
- TELUS security services
- 24/7/365 support

From
\$10 /mo‡
for 6 months in a bundle
with no contract required.



the future is friendly®

Call 310-4NET or visit telus.com/gethighspeed or your nearest TELUS authorized dealer.

TELUS AUTHORIZED DEALERS

Northwest

Beacon Hill Centre
Dalhousie Station
Market Mall
North Hill Centre
Northland Village Mall
822 Crowfoot Cres. NW
207 14th St. NW

Northeast

Country Hills Town Centre
Deerfoot Mall
Marlborough Mall
Sunridge Mall
CrossIron Mills
2420 42nd Ave. NE
1353 32nd Ave. NE

Southwest

2520 23rd St. NE
2000 McKnight Blvd. NE
323 - 2555 32nd Ave. NE
Bankers Hall
Bow Valley Square
Chinook Centre
Southcentre Mall

TD Square

Westbrook Mall
Westhills Towne Centre
6039 Centre St. S
835 17th Ave. SW
245 - 225 7th Ave. SW
16061 MacLeod Trail S
264 - 6100 MacLeod Trail S
1 - 4623 Bow Trail SW

203 - 321 6th Ave. SW 5 - 2008 33rd Ave. SW

Dragon City Mall
TELUS Convention Centre
856 - 33 Heritage
Meadows Way SE
3012 17th Ave. SE

10836 24th St. SE

181 - 31 Southridge Dr.
118 Elizabeth St.
Strathmore
8 - 55 Wheatland Trail
103 - 331 3rd Ave.

Offer available until December 31, 2009, to new clients who have not signed up for TELUS High Speed Internet services in the past 90 days. *Defined as the most comprehensive suite of hardware and software security tools. †1 month of new service available for free to clients who combine TELUS High Speed with one or more other TELUS home services. ‡Offer available when you choose TELUS High Speed Lite and combine it with one or more other TELUS home services. New High Speed Lite clients receive an additional \$10 off the regular price each month in months 2 to 6. Regular bundled rate of \$20/month starts on month 7. An additional \$5/month will apply to monthly plan rates for High Speed clients who are not on a TELUS home bundle. © 2009 TELUS.

The province announced yesterday the plans for an interchange at Stoney Trail and Harvest Hills Boulevard NW, allowing the northwest portion of the ring road to move one step closer to being free-flow. Construction is expected to start in early 2010, with completion set for later in the fall. METRO CALGARY

CSA announces standard for pipeline security

SAFETY Yesterday in Calgary, CSA Standards announced a new made-in-Canada plan to help companies manage the security threat from vandalism, sabotage and other attacks on oil and natural gas pipelines.

"Together with the National Energy Board and leading security experts, CSA developed this innovative standard to help mitigate threats to the energy supply systems. Organizations that implement this standard can confidently say that they are on the forefront of workplace health, safety, and security management," said Suzanne Kiraly, president of CSA Standards.

METRO CALGARY

News in brief

COLLISION Two lanes of Trans-Canada highway were closed yesterday after a crash between two semi trucks near Golden and Revelstoke. The trucks collided on a bridge, sending one of them into the water. The condition of the drivers is unknown and police are investigating.

METRO CALGARY

Fake irons a danger: RCMP

Police concerned about safety for buyers of counterfeit products

KRISTA SYLVESTER
krista.sylvester@metronews.ca

There could be as many as 600 counterfeit hair straighteners in Calgary and surrounding areas that may pose a safety risk to citizens, according to the RCMP.

Officials are concerned about the safety of past and potential buyers, as the quality of the products could cause fires or burning, according to RCMP Sgt. Patrick Webb.

"Citizens need to be aware that these counterfeit products are a potential fire hazard and could cause serious injury to the user," Webb warned.

RCMP discovered the imposter products when they seized two fake Chi ceramic hairstyling irons from a 23-year-old allegedly trying to sell the products door-to-door in Regina.

"The thing about these is the legitimate product sells from \$150 to \$200 and these fake ones were

RCMP tips Spotting counterfeit items

- Price: Is it too good to be true?
- Packaging: Writing may be faded, and the instructions may contain errors in spelling or grammar
- Quality: Does the product look "cheap"?

going for \$34.95," Webb said.

Webb said if people suspect they may have a counterfeit item in their hands — which can range from batteries to iPods — they should check the packaging and instructions for grammatical errors.

"We found there were about a hundred grammatical errors in these instructions."

Officials believe the suspect may have successfully sold the counterfeit products in southern Alberta, including Calgary, and ask that any potential victims come forward.



RCMP Sgt. Patrick Webb shows off counterfeit beauty products and iPods confiscated by authorities. Webb warns citizens to be aware of what they are purchasing during the holiday season.

Alta. looking at water sales, conservation groups say

REPORTS Environmental groups say Alberta is considering whether to allow some of its dwindling fresh water supply to be sold to the highest bidder.

The groups, including the Sierra Club of Canada, say the province should instead be promoting more conservation and ensuring that decisions about water are based on long-term public interests.

Alberta Environment released three reports this week from government-commissioned water advisory groups.

One report says Alberta should allow corporations and individuals with water licences to sell part of their water allocations to other users.

Alberta Environment says it is looking for feedback on the reports as it prepares to overhaul its water policy, but there's no word on whether there will be public hearings.

THE CANADIAN PRESS

Café
BON APPÉTIT
at the Bay

You're Invited
to have Breakfast with
Santa

Breakfast with Santa

Saturday December 5th, 2009

9:30a.m. - Noon

Admission: \$7.49*

200 – 8th Avenue S.W., Calgary. 403-262-0345 ext.3260

Visit the Café Bon Appétit to buy your tickets.

*Plus taxes. Ticket is non-refundable.

the
Bay

An Education Without Compromise



Why settle for second best? Set yourself apart from the competition with an MBA from UCAN. Our experienced faculty will share their industry knowledge and help you complete your degree in as little as one year! Need more flexibility? Choose to complete your MBA online and set your own pace. No matter how hectic life gets, UCAN has an MBA program that's right for you.

Make UCAN degree programs work for you, no matter where you are in the world. Students can choose to study part-time, full-time, on-campus or online. Our numerous delivery options allow you to set the pace for your studies. Working full-time shouldn't stop you from pursuing post-secondary education - flexible course schedules at UCAN make it easy to do both! Small class sizes, combined with industry-influenced curriculums and world-class instruction, means you'll get the education you want, when you want it.

Choose from a number of undergraduate and post-graduate degrees, including BCom, BA and MBA programs. Degree programs are available at campuses in Vancouver, Victoria and Singapore, as well as offered online. Weekly start dates make it simple to jump into life at UCAN.

Accessible, Affordable, Available 24/7.
Higher Education Within Reach.

1.800.380.7361 / classes.ucan.ca

UNIVERSITY CANADA
W E S T

P.E.I. looks to pass bill to allow tobacco lawsuits

A bill has been introduced in the Prince Edward Island legislature that would allow the province to sue tobacco companies for past health-care costs related to the product's use. **THE CANADIAN PRESS**

Canada



Family wants Douglas file released

The family of Canadian icon Tommy Douglas is urging the government to make public RCMP intelligence on the socialist firebrand and father of medicare, while an expert calls it ludicrous to claim any national security grounds to keep them secret. Actress Shirley Douglas, left, says she and her family believe the decades-old RCMP Security Service files should be turned over to a journalist who requested them four years ago. **THE CANADIAN PRESS**

Hillier calls Colvin's claims 'ludicrous'

Former general blasts torture allegations

Canada's former top soldier has blasted claims by diplomat Richard Colvin that the military handed over Afghan prisoners to face torture despite warnings, calling the allegation "ludicrous."

A bristling Rick Hillier, mixing indignance with folksy charm, told a special Commons committee yesterday that reports from Afghanistan in 2006 never mentioned that prisoners were at risk of torture.

But the dust from his testimony hadn't even settled before contradictions began to emerge.

Uncensored versions of Colvin's reports began cir-

prisons.

The references were particularly stark in one memo written by the diplomat on June 2, 2006.

An official who's seen Colvin's e-mailed reports conceded that the Red Cross was "really pissed off."

THE CANADIAN PRESS

Victims

- Hoping to give future Canadian torture victims a chance to seek redress on local soil, Liberal MP Irwin Cotler will table a private member's bill Thursday that would make it possible for them to sue their ex-captors in Canadian civil courts.

culating last night that said the International Committee of the Red Cross, the agency trusted by nations to observe prisoners of war, was named in e-mails to Ottawa as expressing "alarm" about conditions within Afghan



Torture whistleblower Richard Colvin's colleagues in D.C. hail the former diplomat's bravery. Scan this barcode for the full story.

Ottawa Welcome home dad



Julie, 3, hangs on to her dad Master Warrant Officer Sean Gardner upon his arrival from a 10-month tour in Afghanistan at Ottawa International Airport yesterday.

RCMP looks into video tampering

TASER The RCMP public complaints commissioner will look into an allegation that officers may have tampered with video evidence in the 2003 death of a B.C. man who was jolted by a Mountie Taser.

Paul Kennedy, chairman of the Commission for Public Complaints Against the RCMP, has undertaken an investigation of all RCMP in-custody deaths in Canada from January 2001 to January 2009 where Tasers were used. Among them is the July 2003 death of Clayton Alvin Willey, who died en route to hospital after his July 2003 arrest in Prince George, B.C.

Kennedy will expand his review of Willey's death to include RCMP video of his arrest.

THE CANADIAN PRESS

News in brief

COUNTERFEIT Police arrested alleged members of a large counterfeiting ring in Ontario and Quebec yesterday that produced high-quality, fake government ID cards.

SWINE FLU There have been 24 confirmed cases of a type of severe allergic reaction called anaphylaxis in Canadians who have received an H1N1 flu shot.

THE CANADIAN PRESS

PARTY PERFECT

**25% OFF
ON ALL DRESSES
AT REGULAR PRICE**

JACOB

jacob.ca

Owning a home is costing you more

ECONOMY The cost of home ownership went up in Canada for the first time in 18 months, the Royal Bank reports.

And tight supply and strong demand are expected to keep prices high going forward in 2010.

Consumers planning to buy houses should take note that the current low interest rates aren't going to hold indefinitely, senior economist Robert Hogue said yesterday.

"Families and households that are considering making the leap have to be mindful that, yes, there are very attractive interest rates right now but it's not going to remain at this level forever," he said.

Costs rose for the first time since spring, 2008 due to a rise in mortgage rates and higher property values.

THE CANADIAN PRESS

Labour Sid Ryan takes over the powerful OFL



MICHAEL SABADUCCO/GLOBE AND MAIL

Union leader Sid Ryan has been a polarizing figure in provincial politics — but as the new president of the Ontario Federation of Labour, he says he comes to Queen's Park in peace. Ryan, 57, who was acclaimed as president in Toronto yesterday, says he wants to work with the Liberals on building a "green" economy and repairing the province's gutted manufacturing sector.

Lawsuits filed over drop-side cribs

RECALL Class-action lawsuits have been filed across Canada on behalf of consumers who bought drop-side cribs now subject to a North American recall.

The action seeks a full

refund for consumers who bought the cribs made by Stork Craft Manufacturing of Richmond, B.C.

The suits also name Fisher-Price, Sears and Wal-Mart.

The recall covers more than 2.1 million cribs and comes after at least 15 infants, including three in Canada, were trapped in the drop-side part of the product.

THE CANADIAN PRESS

BETTER BURGERS!



2 FOR 1

Buy one juicy burger,
get one FREE*

*With purchase of any 2 drinks.



*Valid at Denny's Calgary locations only. Offer valid November 20 to December 20, 2009 from Sunday to Thursday between 3 PM and 3 AM. Not valid on holidays. Offer expires Dec. 21, 2009. One coupon per person, per visit. Not valid with any other promotion or offer. Not valid for alcohol. Taxes and gratuity extra. © 2009, DFO, Inc.

2 FOR 1

Buy one juicy burger,
get one FREE*

*With purchase of any 2 drinks.



*Valid at Denny's Calgary locations only. Offer valid November 20 to December 20, 2009 from Sunday to Thursday between 3 PM and 3 AM. Not valid on holidays. Offer expires Dec. 21, 2009. One coupon per person, per visit. Not valid with any other promotion or offer. Not valid for alcohol. Taxes and gratuity extra. © 2009, DFO, Inc.

When the mood strikes...

...you've just got to dig into a thick, juicy burger. That's why we visited the best burger joints in North America and our chefs took the best of everything they tasted in order to create a truly better burger.

VISIT ONE OF OUR
CALGARY LOCATIONS
TODAY!

5015-4th Street NE
138 Crowfoot Way NW
4515-25th Street SE
7215 Macleod Trail SW
2450-16th Avenue NW
1804-19th Street NE
117 Bowridge Drive NW

2 FOR 1

Buy one juicy burger,
get one FREE*

*With purchase of any 2 drinks.



*Valid at Denny's Calgary locations only. Offer valid November 20 to December 20, 2009 from Sunday to Thursday between 3 PM and 3 AM. Not valid on holidays. Offer expires Dec. 21, 2009. One coupon per person, per visit. Not valid with any other promotion or offer. Not valid for alcohol. Taxes and gratuity extra. © 2009, DFO, Inc.

Torture spin backfired: Poll

Canadians aren't buying the Harper government's assertion that there's no credible evidence Afghan detainees were tortured, a new poll suggests.

And a pollster says the results suggest the government's strategy of attacking whistleblower Richard Colvin's credibility has backfired badly.

Indeed, The Canadian Press Harris-Decima survey indicates Canadians believe Colvin's claim that all prisoners handed over by Canadian soldiers to Afghan authorities were likely abused.

They also think government officials were well aware of the problem.

"You don't need to be a rocket scientist or a pollster to know that there's something unseemly about taking an allegation that appears to be heartfelt and twisting it around and throwing it back in someone else's face," Harris-Decima chairman Allan Gregg said.

"There's something unseemly about taking an allegation that appears to be heartfelt ... and throwing it back in someone else's face."

Pollster Allan Gregg

Gregg said.

He said the government would've been better advised to take Colvin's allegations "under advisement" rather than vilifying him as "a nutbar or a rogue kind of dupe of the Taliban."

In the poll, 51 per cent said they believe Colvin's testimony to the committee last week.

In stark contrast, only 25 per cent said they believe the government's contention that the diplomat's claims are flimsy and not credible.

THE CANADIAN PRESS

IL Giardino Ristorante

The Ultimate in Italian Food & Fun

GREY CUP SPECIALS!

Lunch from \$9.95

Dinner Specials - Up to 25% off!

344 - 17th Avenue S.W.
Reservations & Info: **403.541.0088**

RECOMMENDED BY METRO READERS

Top 5 Insurance Agents

Del Fisher Insurance

"We use DFI for our home, auto and life insurance and couldn't be happier with the level of service they offer."

Nancy Smith

"She understands how to explain commercial liability insurance, risks, etc."

Dwayne Johnston

"Offers great service and top-notch pricing."

Dara Lee Duncan

"Dara looks after all my insurance needs as my single point of contact for car, truck-commercial, condo insurance."

Brenda Haddow

"Professional & easy to work with. Really good service."

Visit metronews.ca/gigpark for thousands of reader recommendations

Capture life as it happens with the Nokia N86 8MP.

Life is an exciting journey, especially with the Nokia N86 8MP. With Nokia's exclusive Ovi Maps and GPS, you can plan virtually every twist and turn in the road. And you can hang on to every moment with its award winning 8 megapixel camera. You can even share updates on Facebook along the way. From cool apps to 3D maps, the Nokia N86 8MP is full of life.



NOKIA
Connecting People

Now available at
ROGERS™

Go to ovi.com to discover new apps, maps, and more for your Nokia phone.

ovi NOKIA

© 2009 Nokia. All rights reserved. Nokia, Nseries, N86, Nokia Connecting People and Ovi are trademarks or registered trademarks of Nokia Corporation.

TMRogers & Mobius design are trademarks of Rogers Communications Inc.

Downloading of applications, maps, games, music and videos and uploading of images and videos involves transferring large amounts of data. Your service provider may charge for the data transmission. Contact your service provider for information about data transmission charges. The availability and accuracy of GPS location services are dependent on wireless networks, satellite systems, and the agency receiving the information. It may not function in all areas or at all times. You should never rely solely on GPS products for essential communications like emergencies. Wireless service is required to use many features. Some networks have limitations that affect how you can use this device. Contact your service provider about feature support and availability.

10

A rare Siberian tiger that Vladimir Putin fitted with a radio-tracking collar is alive and well, the Russian prime minister's spokesman yesterday. Putin drew worldwide publicity in 2008 when he shot the five-year-old female with a tranquilizer gun and helped place a transmitter around her neck. Visitors to his website could follow the animal's prowlings through Russia's Far East. **THE ASSOCIATED PRESS**

Putin's tiger OK

World



Deadly floods pound South America

Officials say flooding from heavy rains has killed 12 people in three South American nations and forced more than 20,000 to flee their homes. Most of the dead are in southern Brazil. Sustained stormy weather has saturated the region and caused the river between Uruguay and Argentina to overflow its banks. Government agencies report that 10,000 people have been evacuated in Brazil, along with 8,000 in northeastern Argentina and 4,000 in Uruguay.

THE ASSOCIATED PRESS

News in brief

FRANCE What does it mean to be French? That's the thorny question the government is putting to its people in what's being billed as a "Great Debate" — set against a backdrop of smouldering unrest in immigrant-heavy suburbs, a movement to ban full Muslim veils, and questions over whether France's identity is vanishing in a complex world. All French citizens are invited to participate in the series of meetings organized by the government across the country, lasting through Jan. 31.

CONGO One of Africa's most brutal rebel movements relies on a vast, international network of supporters in at least 25 countries, a UN report said. The findings show that the network of people help rebels in Congo buy arms and transfer money. The conclusions were slated to be discussed by the UN Security Council yesterday.

THE ASSOCIATED PRESS

Charges on eve of Mumbai anniversary

Pakistan charged seven men in last year's Mumbai attacks yesterday, its first indictment in a case being monitored by India and the United States to see if Islamabad makes good on promises to bring those responsible to justice.

Despite a crackdown in the months following the attacks, analysts say Lashkar-e-Taiba, the Pakistani militant group blamed for the three-day assault on the financial centre that killed 166 people, remains active and largely untouched by Pakistani authorities.

The Mumbai attacks halted a slow-moving peace process between Pakistan and India — which have

fought three wars since gaining independence from Britain in 1947 — aimed at resolving their core dispute over Kashmir, which they both claim. India says Pakistan must crack down on militants before talks can resume.

The charges were announced in a closed door court located inside a high-security prison near the

m.metronews.ca

Police investigating Philippine election convoy massacre. Scan this barcode for the full story.

Learn how to scan the barcode with the instructions at the top of pg 3

Surviving gunman

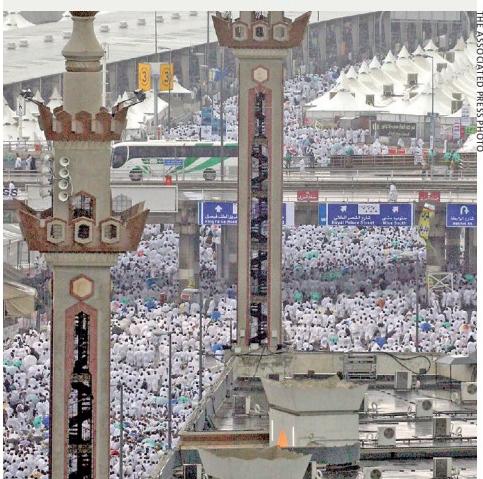
- India is currently trying the lone surviving gunman, Ajmal Kasab, who also faces the death penalty.

capital Islamabad, on the eve of the first anniversary of the attacks. A judge adjourned proceedings until Dec. 5, when prosecutors will present their opening arguments.

Late yesterday, Indian Prime Minister Manmohan Singh, who was in Washington, said the planners of the attacks are still free in Pakistan and issued a stern warning to punish the masterminds.

THE ASSOCIATED PRESS

Saudi Arabia Journey to Mecca



Muslim pilgrims attend the hajj walk on flooded streets during heavy rains near Mecca, Saudi Arabia yesterday. The heaviest rainstorms to hit Islam's annual hajj in years soaked pilgrims and flooded the road into Mecca and Jiddah, snarling traffic as millions headed for the holy sites.



Surprise Your Kids!

send your little ones a
free personalized video message
from Santa.

visit: <http://santa.sympatico.ca>



U.S. changes mind on landmine policy

The Obama administration is backtracking on an announcement that it had reviewed its policy allowing military use of land mines. THE ASSOCIATED PRESS

Group posts 9-11 texts

Authenticity of messages from fateful day unconfirmed

An activist group has begun posting 573,000 pager messages purportedly sent on Sept. 11, 2001, from "Second World Trade Center tower collapses" to "I'm ok&love you...xoxoxoxoxoxoxox."

The group, Wikileaks, says some of the messages were sent by federal and local officials, but most appear to be from regular people, including frantic New Yorkers trying to reach loved ones in and around the World Trade Center.

Wikileaks was posting the messages for most of the day yesterday and expected to finish early Thursday.

The messages range from "DO NOT GET ON THE PATH TRAIN...THE WORLD TRADE CENTER IS ON FIRE" to "President has

No comment

- New York City's police and fire departments said they could not confirm that any of the messages were actual department communications. The Port Authority of New York and New Jersey, the U.S. Secret Service and the Federal Emergency Management Administration declined to comment on the messages.

been rerouted wont be returning to washington but not sure where he will go."

Some are unrelated to the terrorist attacks: "Paul, Jerry and I feel that we can expect around 200 people for the Pig Picking. Call if you want to. Keith"

Wikileaks says its goal is to promote transparency by putting leaked docu-

ments online. Its repository includes manuals, lawsuits and numerous government documents.

Daniel Schmitt, a WikiLeaks spokesman from Berlin, said the pager messages were submitted to the site anonymously several weeks ago.

"From the context information that the source provided we have strong reasons to believe that this is valid data," Schmitt said.

Schmitt said publishing the messages "is one more building block to getting a full picture of what happened on that day." He noted that none of the messages appear to lend credence to conspiracy theories that suggest the U.S. government was behind the attacks or had advance knowledge of them.

THE ASSOCIATED PRESS

News in brief

MOROCCO A Swiss adventurer trying to soar from Morocco to Spain on jet-powered wings has ditched safely into the Atlantic after hitting turbulence

and clouds so thick he could not tell if he was flying up or down. The bad weather — not mechanical malfunction, as reported earlier — thwarted Yves

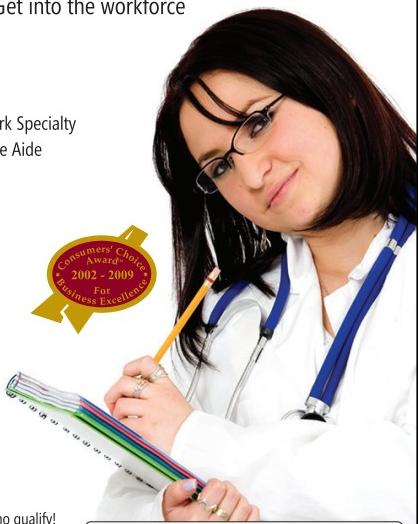
Rossy's bid yesterday to become the first person to achieve such an intercontinental crossing.

THE ASSOCIATED PRESS

Go Ahead. Launch Your Life!

If you're looking for a new career, this is the place for you. We'll help you make an informed decision on your career program and get you on the way to the life that you want. Academy of Learning gives you a lot of choices and flexibility. Get into the workforce in less than a year.

- Business Administration
- Medical Office Assistant / Unit Clerk Specialty
- Government of Alberta Health Care Aide
- Dental Administrative Assistant
- Retail Pharmacy Technician
- Office Administration
- Computerized Payroll Accounting
- Web Designer
- Network Administrator
- PC Support Specialist
- Business Office Skills
- Payroll Administrator
- and more!



* May not be available at all locations.
Financial Assistance may be available to those who qualify!

Calgary Northeast Campus
#260, 495-36th Street NE
Call Today! Ph. (403) 569-8973



**Academy
OF LEARNING**
Career and Business College

www.academyoflearning.ab.ca

HOME PHONE LINES

LAST DAY

FREE CORDLESS PHONE

OFFER EXPIRES ON THURSDAY, Nov. 26/2009

THIS OFFER WILL NOT BE EXTENDED

FREE

Cordless Phone System with your Comwave Home Phone

DECT
6.0
DIGITAL



3 Handset
Cordless Phone
System

- Interference free
- Speaker Phone
- VoiceMail Indicator
- Caller ID/Call Waiting

ENHANCED	UNLIMITED CANADA	ONE-RATE	GLOBAL
\$14.95 UNLIMITED LOCAL CALLING 	\$19.95 UNLIMITED CALLING TO CANADA 	\$29.95 UNLIMITED CALLING TO CANADA & U.S.A. 	\$39.95 UNLIMITED CALLING TO 25 COUNTRIES!
All Features FREE	All Features FREE	All Features FREE	All Features FREE

'TIS THE SEASON TO SAVE!
HOME PHONE LINES

**ALL
FEATURES
FREE!**

- Voicemail
- Call Waiting
- Caller ID
- Call Forwarding

AND MUCH MORE!



403-451-5800

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES VoIP 911 has certain limitations versus traditional 911. The Global Home Phone plan is limited to 3000 minutes per month. Excess minutes used will be billed at 3.99 cents per minute. Unlimited Canada plan does not include calls to the U.S., Mexico or N.W.T. Other plans are available. Calls made on the Global Home Phone plan are limited to 3000 minutes per month. Calls made within the province of Alberta are not included within this limit. If you are not 100% satisfied, you may cancel your home phone service no questions asked. Rate guarantee is based on competitors lowest advertised rate for like services. By using the coupon with the purchase of the free cordless phone set, you are agreeing to a 3 year term and agree to waive the Satisfaction Guarantee period. Coupon must be redeemed in 120 days from date of activation while quantity last. Terms and conditions apply, see www.comwave.net for details.

12 world

Obama gives India assurances

PARTNERSHIP U.S. President Barack Obama tried to calm India's fears about Asian rival China, salving bruised feelings in the world's largest democracy with an elaborate state visit and assurances of India's "rightful place as a global leader."

Seeking firmer footing for U.S.-India relations, the president declared twice during a news conference Tuesday with Indian Prime Minister Manmohan Singh: "The relationship between the United States and India will be one of the defining partnerships of the 21st century."

The two appeared before reporters in the East Room after an elaborate morning welcome ceremony that was moved indoors by rain and about two hours of private talks in the Oval Office.

THE ASSOCIATED PRESS

Australia's opposition leader says his senate colleagues will vote in parliament for the government's bill to curb greenhouse gas emissions. Malcolm Turnbull said Tuesday his Liberal Party colleagues have agreed to pass the legislation during a seven-hour party meeting. THE ASSOCIATED PRESS

Gaza City Preparing for Eid al-Adha



Palestinian men tape a donkey yesterday in order to paint it to look like a zebra ahead of the Eid al-Adha festival, at the Marah Land Zoo in Gaza City. The zoo cannot afford a zebra which can be very expensive to buy as it can only be snuck through the tunnels from Egypt. Muslims worldwide are preparing for Eid al-Adha, with the sacrificial killing of sheep, goats, cows or camels.

News in brief

RAPE U.S. Prosecutors say a department store salesman sexually assaulted a boy in a dress-

ing room when the boy's mother stepped away to make a phone call. Prosecutors say

the man assaulted the boy at a J.C. Penney store in Sturbridge, Mass. THE ASSOCIATED PRESS

Service Directory

DENTAL

Saddle Ridge DENTAL CENTRE
Dr. Hor-Tak Douglas Zung
Practice of General Dentistry
New Patients and Emergencies Welcome
(403) 730-2026
101 - 216 Saddletowne Circle NE
www.saddleridgeidental.com
• Next to Bell, TD Canada Trust, and Frito-Lay •

PSYCHICS

MYSTIC EYE SPIRITUAL READINGS
47 YEARS EXPERIENCE
100% Guaranteed Results
2 FOR 1 READINGS
Palm • Tarot • Crystal Ball • Energy Readings
403.228.2258 BY APPOINTMENT ONLY
SOLVE ALL PROBLEMS OF LIFE

Come in today for a better tomorrow

m.metronews.ca

READ THE LATEST FROM THE WORLD OF JON AND KATE PLUS HATE.

m.metronews.ca

STAPHA —AFRICAN PSYCHIC

Reuniting Loved Ones • Stopping Divorce
Removing Bad Spirits • Success in Business
Healing Protection

RESULTS GUARANTEED
403-802-0367

DRAMA. SUSPENSE. COMEDY.

Visit metronews.ca to watch metrotube of the day

RENNEDOM SPIRITUAL HEALER
★
SOLVE YOUR PROBLEMS
RETURN OF LOVED ONE
BUSINESS SUCCESS
REMOVE BAD SPIRITS
STOP DIVORCE
100% RESULTS IN 1 WEEK
CALL MADIA
403-475-2589
OR **403-305-2129**

To advertise contact Blaine Schlechter at 403-444-0136

FINANCIAL

\$500\$ loan service
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free:
1-877-776-1660

NEED MONEY?
DO YOU HAVE A LOCKED PENSION PLAN FROM YOUR EX-EMPLOYER (LIRA) OR (LIF). WE CAN HELP.
CALL 888-516-5553 EXT.1
1-877-776-1660 OR EMAIL INFO@EWE-INVEST.COM

RETAILER'S FUNDING PROGRAM

24HR Approvals, No Fixed Repayments
FUNDING FOR THE HOLIDAY SEASON!

HunterWest Financial Group Inc.
"Finance Solutions for Growing Business"

403-444-6933

BEAUTY SERVICES



HAIR EXTENSIONS
made easy and affordable.
WEAVE ON FROM \$25.00
BRAIDING FROM \$35.00
BARBER \$10.00
NAILS FULL SET \$14.99
REFILL \$10.99
HIGHLIGHTS, DESIRES, PARTIES, WEDDINGS, STAR LOOK ALIKE, EXTENSIONS
SPECIAL SALE ON all hair & skin products
AMAZON HAIR DESIGN
Call: 403 248 6880
Amazon Hair Designs Barber and Tanning
17th Avenue @ 48 street SE

LEGAL

QUICK, EASY, INEXPENSIVE
DIVORCE
LOWEST PRICES IN CALGARY From \$399
10 years as family mediators and out-of-court divorce specialists
Call now 403-808-8311
divorceeasy499@yahoo.ca

A tale of two easts in Europe

Twenty years ago, when the Iron Curtain came down, the world gagged in horror as it witnessed firsthand the ravages inflicted on nature by the Soviet industrial machine.

Throughout the crumbling communist empire, sewage and chemicals clogged rivers; industrial smog choked cities; radiation seeped through the soil; open pit mines scarred green valleys. It was hard to measure how bad it was and still is: The focus was more on production quotas than environmental data.

Today, Europe has two easts — one that has been largely cleaned up with the help of a massive infusion of western funds and the prospect of membership in the prosperous European Union; another that still looks as though the commissars never left.

The contrasting story lines are written in the ripple and flow of two rivers.

Drifting along Ukraine's Dnieper River, past this one-time powerhouse of Soviet rule, requires slicing through clouds of black and orange exhaust from a metallurgical plant.

Over a hill, passengers may catch a whiff of a burning garbage dump. Nearby fields are fenced off by barbed wire with signs warning of radioactivity. Farther along, the cruise passes the world's third largest nuclear power station.

To the southwest, in countries that have joined the EU, another river, the Danube, is bouncing back. Pleasure boats sail past public bathing area, while protected woods and wetlands are being extended along its meandering course.

THE ASSOCIATED PRESS

NATO will send 5,000 more troops to Afghanistan: Brown

WAR British Prime Minister Gordon Brown said yesterday that several NATO nations will jointly offer 5,000 more troops for Afghanistan, as London and Washington push allies to take on a greater share of the war burden.

Brown wrote to NATO Secretary-General Anders Fogh Rasmussen to confirm that many of 10 other nations consulted by British officials in recent weeks have pledged to send reinforcements.

"Following these meetings and contacts, I am now optimistic that a majority of these countries will indeed make available increased numbers of troops, and more police trainers and civilian support," Brown wrote in his letter.

The United States, Britain, Canada and the Netherlands have long grumbled that many NATO partners — chiefly Germany and France — have failed to take on a fair share of combat duties.

The U.S. has pressed NATO and other allies for between 5,000 and 7,000 additional non-U.S. troops.

Canadian and Dutch troops, however, are both scheduled to begin pulling out of

Afghanistan.

Brown plans to send 500 more British troops — not included in the 5,000 figure — soon after U.S. President Barack Obama announces his plans for reinforcements, scheduled for Tuesday. The U.K. currently has 9,000 troops in Afghanistan.

THE ASSOCIATED PRESS



HAVE FUN MAKING MONEY AS AN ACTOR OR MOVIE EXTRA ON CALGARY FILMS?

CONTACT CELIA (403)-521-0077

Jackie's Christmas dress on display

A deep pink silk dress worn by Jacqueline Kennedy at a 1962 White House Christmas reception has gone on display at a Boston museum. THE ASSOCIATED PRESS

Nepal The world at his feet?

A street child displays acrobatic skills with the help of an iron ring during a street show in Katmandu, Nepal. Twenty years after the UN adopted a treaty guaranteeing children's rights, fewer youngsters are dying and more are going to school, but an estimated one billion still lack services essential to their survival and development, UNICEF says.

What a Nutty rescue

Man trapped in Bob's Push area of Nutty Putty cave

Rescuers chipped away with air-powered tools in a narrow tunnel yesterday to free a man trapped upside down about 45 metres below ground in a popular Utah cave.

Utah County sheriff's Sgt. Spencer Cannon said John Jones, 26, became stuck about 215 metres into the narrow cave, known as Nutty Putty, Tuesday night while exploring with a group of about 11 people.

"There's some pushing and pulling, but if there's any movement at all, it's

"We don't really have any way of predicting what's gonna happen until — boom, all of a sudden they're out."

Sgt. Spencer Cannon

just millimetres at a time," Cannon said.

Jones was stuck with his head below his feet in an L-shaped area of the cave known as Bob's Push that is only about 45 centime-

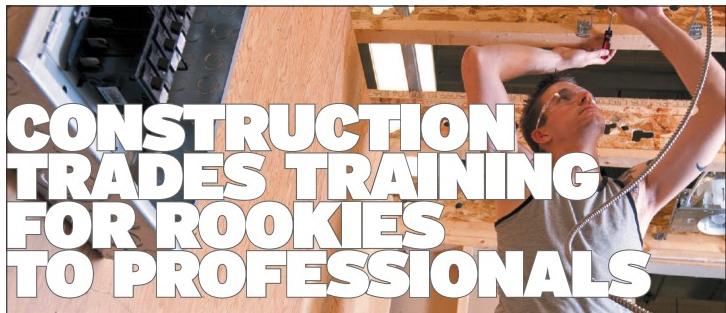
tres wide and 25 centimetres high, Cannon said.

Cannon said Jones is about 1.83 metres tall and weighs between 180 pounds and 200 pounds.

But Cannon said one of Jones' arms was stuck beneath his body, making it difficult for him to move.

"We've had people stuck in this exact same spot... We don't really have any way of predicting what's gonna happen until — boom, all the sudden they're out," he said.

THE ASSOCIATED PRESS

**LEARN A CONSTRUCTION TRADE**

Would you like an opportunity to enter into an exciting career in Construction Trades? These courses offer theoretic learning in conjunction with skill development to prepare you for knowing how and doing a great job.

These programs are based on Apprenticeship outlines for first period and can be applied to your apprenticeship training.

- Pre-Employment Cabinetmaking
- Pre-Employment Carpentry
- Pre-Employment Electrical
- Pre-Employment Plumbing
- Pre-Employment Refrigeration

FOR MORE INFORMATION VISIT SAIT.CA
CONSTRUCTION.CONEDTRADES@SAIT.CA
403.210.4123

SCHOOL OF CONSTRUCTION

**FURTHER
YOUR
PASSION**

**SAVE ON OVERSEAS CALLING OVER THE HOLIDAYS**

Comwave Will Beat the Rate you Currently Pay... GUARANTEED!

(Even if the rate you pay is lower than the rate listed on this ad!)

CUBA	85	GREECE	2.9	PAKISTAN	5.9	PHILIPPINES	11.9
------	----	--------	-----	----------	-----	-------------	------

Afghanistan	24.9	Kuwait	6.9	Honduras	15.9		
Bangladesh	3.9	Lebanon	9.9	Iraq	4.9		
Barbados	9.9	Libya	24.9	Israel	2.9		
Chile	2.9	Nepal	7.9	Italy	2.9		
China	2.9	Oman	14.9	Russia	2.9		
Ecuador	12.9	Fiji	24.9	Saudi Arabia	3.9		
El Salvador	9.9	Ghana	9.9	South Korea	2.9		
Jamaica	8.9	Greece	2.9	Sri Lanka	11.9		
Jordan	3.9	Guatemala	10.9	Trinidad	4.9		
Kenya	6.9	Guyana	27.9	U.A.E.	16.9		



Make Long Distance calls to Anywhere in the World from your Cell Phone at Comwave's **GUARANTEED Lowest Rates**



- ✓ No need to cancel your service provider.
- ✓ \$10 Free Long Distance for every friend you refer
- ✓ No Contracts



GUARANTEE
The Lowest Long Distance Rates For Life!

If you EVER find a lower rate, we GUARANTEE to beat it!

comwave

UNLIMITED

Calling to
Anywhere in

CANADA

\$5
/month



403-451-5801
www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LOCAL DISTANCE: Comwave will not rate match on charter or internet services. Home Internet plans do not include local calling. All long distance calls are based on a minimum of 10 minutes. International rates are based on a minimum of 10 minutes. Local and international rates may not cover the entire month. Rate Guarantee is based on competitors lowest advertised rate for like services. Comwave is based on a 1 yr term where early cancellation fees apply. There is a 30 day satisfaction guarantee. You may cancel your service at any time. Comwave Global Bundles does not include calls to overseas mobile phones. Calls to Argentina on this bundle are to Buenos Aires. Calls to Rio De Janeiro and São Paulo. Calls to Overseas Mobile Phones may be billed at a higher rate.

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

The workplace romance ... at home

Relating**Steve Collins**

metronews.ca/collins

dropped in on an old friend who, since I'd last seen him, has not only gone into business for himself, but is working with his wife. Couples who can manage to do this sort of thing fascinate me.

So I asked him, "How is she as a co-worker?" "She's great," he replied. What else is he going to say?

Working with someone with whom you're already entangled is the reverse of the workplace romance as we usually know it. Instead of watching a lover emerge from a stranger, you watch a stranger of sorts, a professional self, emerge from your lover.

That's exciting, sure, and many couples' complaints won't be yours anymore.

You'll certainly see enough of each other, be more involved in each other's lives, but we should always be careful of what we wish for.

Is your attachment strong enough to survive a highly personal office brand of politics? What happens to your relationship — or your business — when one or the other fails? The exit interview could be remarkably unpleasant. How do you make your partnership more Naomi Klein and Avi Lewis, less Ike and Tina Turner?

Times like these, in which jobs evaporate and self-employment beckons, tempt more couples to experiment with working together. It's been tried often enough that there are countless how-to articles, written by successful power couples, usually with lists of rules.

Alas, since these are relationships after all, everybody's rules are different, and often contradictory. "What happens at work stays at work," advises one guru. "What happens at home stays at home."

Another warns, "Don't separate work from the rest of your life ... The idea that 'work time' and 'time off' are separate is a false distinction."

Thanks for clearing that up, gurus.

I've never tried this particular setup myself (I prefer to be the one listening to the complaints about work than the subject of those complaints) but I've seen many couples do it with style. Unsurprisingly, they tend to be married. Any marriage, after all, is al-

ready a de facto small business.

My friend and his wife work mostly from home, but he's also got an office, so clients can be entertained somewhere other than the kitchen with the kids.

She's also looking for work in her own field, so this team-up isn't likely to last forever. The relationship, from all indications, will.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Gender studies support crucial lessons

FourthWave**Canice Leung**

metronews.ca/fourthwave

As many women do in university, I took a few women's studies classes. I remember in one mostly female class the teacher asked who was feminist; my hand was among a few that went up. But in class discussions, my classmates' thoughts on gender roles or reproductive rights made it clear that's exactly what they are.

It's an apt example of how necessary gender studies are; that young adults can dismiss feminism as radical yet recognize the cornerstones of the movement is evidence of this.

Fortunately, two initiatives are underway to change that.

Ontario's education ministry announced earlier this month that a gender **"My hope is these studies class two programs will be offered in high schools beginning in September 2011, but to all of us."**

— a crucial lesson for young men and women just starting to learn how to relate to one other.

Shameless Magazine, a Canadian feminist magazine, has launched free weekend workshops on journalism for teen girls called Shameless Wire. By teaching them the fundamentals of the trade, Shameless hopes to introduce more voices to tell the story of our diverse society.

As it is, degrees and un-

paid internships are practically prerogatives to become a journalist, limiting the field to those who can pay their way in. Women

comprise the majority of the incoming talent pool (two in three journalism students are women, according to a 2003 U.S. study) but men hold 65 per cent of supervising positions at newspapers, a 2006 study says.

Perhaps the simplest, most important reason is this: "Very few other industries would consider this kind of model acceptable," said Allison Martell, one of two women who created Shameless Wire. "It's not because I think we need to be a token, I just think we're going to have the best workforce if we make sure it's open to everyone."

The lesson holds true outside the newsroom, too. What we absorb in our daily lives shapes our identities. As Emily Gould wrote on moreintelligentlife.com: "Women have not yet come so far that we can shrug off worries about being misrepresented."

The messages that bombard us daily can be relentless: Pop culture is littered with stereotypes and unrealistic standards: Ugly Bettys and Top Model Tyras, Biggest Losers and flabby runners-up, and men and boys.

My hope is these two programs will offer a lesson not to just young adults, but to all of us: There is nuance in the world, and by acknowledging it, we're better for it.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.

STEPHEN HARPER REITERATES THE CANADIAN GOVERNMENT'S POSITION ON GLOBAL WARMING:



Michael de Adder
metro

We Know What You're Thinking**53%**

The number of Canadians who say when it comes to reward programs, cash-back is the best reward.



IPSOS REID

Tell us your views by email to calgaryletters@metronews.ca or comment on metronews.ca or on Twitter @metrocalgary

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Calgary 3030 – 3 Avenue NE, Suite 120, Calgary, AB T2A 6T7; Tel: 403-444-0136; Fax: 403-539-4940; Advertising: adinfocalgary@metronews.ca; calgary_distribution@metronews.ca; News: darren.krause@metronews.ca



**Phase 2 is Londone.
Move in today.**

Condos from the mid \$200s
Presentation Centre: 8835 Macleod Tr. S.

M-T: 12-6, Friday: Closed, S-S: 12-5
403-410-7575

www.ilikelondon.com





HTC Hero™
NEW. Only from TELUS.
Also available in black.

\$99.99*
3 year term
\$499.99
No term
SAVE \$400



LG New Chocolate™
NEW. Only from TELUS.

\$99.99*
3 year term
\$499.99
No term
SAVE \$400



BlackBerry® Storm2™ 9550
NEW

\$199.99*
3 year term
\$599.99
No term
SAVE \$400



BlackBerry® Bold™ 9700
NEW

\$249.99*
3 year term
\$649.99
No term
SAVE \$400

TELUS AUTHORIZED DEALERS

CALGARY NORTHWEST

Beacon Hill Centre
Dalhousie Station
Market Mall
North Hill Centre
Northland Village Mall
822 Crowfoot Cres. NW
207 14th St. NW

NORTHEAST

Country Hills Town Centre
CrossIron Mills
Deerfoot Mall
Marlborough Mall
Sunridge Mall
2420 42nd Ave. NE
1353 32nd Ave. NE
2520 23rd St. NE
2000 McKnight Blvd. NE
323 - 2555 32nd Ave. NE

SOUTHWEST

Bankers Hall
Bow Valley Square
Chinook Centre
Southcentre Mall
TD Square
Westbrook Mall
Westhills Towne Centre
6039 Centre St. S
835 17th Ave. SW
245 - 225 7th Ave. SW
16061 MacLeod Trail S
264 - 6100 MacLeod Trail S
1 - 4623 Bow Trail SW
203 - 321 6th Ave. SW
5 - 2008 33rd Ave. SW

SOUTHEAST

Dragon City Mall
TELUS Convention Centre
856 - 33 Heritage Meadows Way SE
1288 42nd Ave. SE
7845 Flint Rd. SE
4410 50th Ave. SE
3012 17th Ave. SE
10836 24th St. SE
109S - 8500 MacLeod Trail S
4949 Barlow Trail SE
Okotoks
181 - 31 Southridge Dr.
118 Elizabeth St.
Strathmore
8 - 55 Wheatland Trail
103 - 331 3rd Ave.

Come meet your smart fit.

At TELUS, we'll help you find your perfect phone, whether you visit us in-store or use our online smart fit phone finder. We'll even teach you how to use your new phone in-store or with our online learning centre. Plus, with our new Clear Choice™ Plans, the price you see is the price you pay. TELUS. the future is friendly®.

telusmobility.com/futurefriendly

For more details on these great offers, visit your TELUS authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

► FUTURE SHOP

BEST BUY

Walmart

LONDON DRUGS

Visions

*Offers available until December 31, 2009, unless otherwise stated. Phone availability and prices may vary. Prices are subject to change without notice. Offer available for clients (new and renewal) who activate on a 3 year term with a smartphone voice and data rate plan of \$50 or greater. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. TELUS, the TELUS logo, the future is friendly and Clear Choice are trademarks of TELUS Corporation, used under licence. BlackBerry®, RIM®, Research In Motion® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Twitter is a trademark of Twitter, Inc. in the United States and other countries. Facebook is a registered trademark of Facebook, Inc. All other trademarks are the property of their respective owners. © 2009 TELUS.

Nortel Networks Corp. has auctioned off Global System Mobile to Telefonaktiebolaget LM Ericsson and Kapsch CarrierCom AG in joint bid for US\$103 million. **THE CANADIAN PRESS**

Business

DOLLAR



US **95.65¢**
US **1.13¢**

GAS



US **\$5.16**
US **39.7¢**

OIL



US **\$77.96**
US **\$1.94**

TSX



11,636.90
97.27

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

General Marketing and Sales Representative

The MRL Group of Companies is expanding operations and needs to fill the position of Marketing & Sales Representative. Independent Sales/marketing positions are available throughout Canada, except in Quebec.

The successful applicant will possess an outgoing personality, strong prospecting skills, as well as the ability to manage and develop a client based business through cold calls, networking, MRL seminars and other strategies.

A real estate, financial services or investment background and is beneficial. A positive attitude, ambitious spirit and proactive ability for engaging conversation to disseminate ideas and information to investors.

Qualifications

High ethics and personal integrity.

Strong business and/or sales experience.

Motivated, able to work with little supervision.

Experience with sales and customer management.

Good communication, negotiation, interpersonal and presentation skills.

Interested candidates are invited to send their resume, in confidence, to: ron@mrlcompanies.com



www.mrlcompanies.com

Loonie shines in Russia

The Canadian dollar shot closer to parity with the U.S. dollar yesterday after the Russian central bank said it is preparing to invest in the loonie and diversify away from the American greenback.

The Russian central bank said it plans to invest some of its foreign exchange reserves in Canada's currency to diversify its portfolio and reduce dependence on the U.S. dollar.

The Canadian dollar rose to its highest level in a week, reaching an intraday high around noon at \$95.69.

Meanwhile, the U.S. dollar slid to a 15-month low against the euro and to its weakest level against the yen since January.

m.metronews.ca



Scan this barcode for more Business news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Coinciding with the American dollar's weakness, the gold sector headed higher into record territory, up \$12.60 to US\$1,178.40 an ounce.

A Canadian market that has fared better than many during the recession, and a sluggish U.S. economy, make Canada an ideal investment for banks looking to diversify their investments away from U.S. dollar

reserves, the staple reserve currency in most countries, said Steven Butler, director of foreign exchange at Scotia Capital.

Russia's is not the first central bank to diversify into the Canadian dollar, there has also been interest in Latin America and Asia, he added.

"The Canadian economy has weathered the storm much better than a lot of other countries and Canada seems like a pretty logical place to diversify, especially the way the commodities have been climbing higher and the way the ... dollar has weathered the storm."

The size of investment in the loonie has not been confirmed.

THE CANADIAN PRESS

In brief

PROFIT Canadian corporations earned \$54.1 billion in operating profits in the third quarter, up 7.9 per cent from the previ-

ous quarter after three straight quarterly declines.

COURT Two Quebec judges endorsed changes that will save

the insolvent AbitibiBowater nearly \$5 million a year. It includes the sale of a Quebec paper mill. **THE CANADIAN PRESS**

99% in favour of EnCana split

EnCana Corp.'s plans to split itself into two separate companies received such overwhelming support from shareholders yesterday even the company's chief executive was caught a bit off guard.

Randy Eresman, who is to head up the unconventional natural gas-focused company that will emerge from the split, told reporters he knew major shareholders supported the transaction.

What he didn't expect was a near-unanimous vote — at least 99 per cent — in favour of the split at a special shareholder meeting in Calgary yesterday.

"It's kind of unheard of in any transaction," Eresman said in a news conference.

EnCana first announced its split plans in May of 2008, but in the depths of the recession decided to put the transaction on hold.

THE CANADIAN PRESS



► FUTURE SHOP

LONDON DRUGS

Walmart

Zellers

koodo
shop

Calgary
Deerfoot Mall
Market Mall
Marlborough Mall
Southcentre Mall
Sunridge Mall

Lethbridge
Park Place Shopping Centre

Red Deer
Bower Place

Rocky View
CrossIron Mills

Good call

Get the flexibility to fly on any airline.



FLY
ANY
AIRLINE

CIBC AVENTURA®
VISA INFINITE™

- Enjoy the flexibility to redeem for any available seat on hundreds of airlines worldwide¹
- Use your Aventura Points towards vacation packages, cruises and last-minute travel
- Exchange your Aventura Points for Aeroplan^{®1} Miles²

PLUS, EARN DOUBLE AVENTURA POINTS FOR A LIMITED TIME
when you purchase WestJet[®] flights with your CIBC Aventura Visa Infinite Card³

APPLY TODAY AND RECEIVE
15,000
AVVENTURA POINTS

Apply today and earn a Welcome Bonus⁴ of 15,000 Aventura Points.
Visit a CIBC branch, cibc.com or call 1 866 454-4323.



For what matters.

Applicants must meet income, other criteria. ¹Aventura Airline Rewards cover up to a maximum ticket cost; any excess cost plus taxes, fees and surcharges must be charged to Card or paid for with Points. ²Miles must be converted in 10,000 point increments. ³Offer only available on net Card purchases of WestJet flights posted to CIBC Aventura Visa Infinite accounts Oct. 1/09 – Jan. 31/10 under WestJet merchant code. Packages, including WestJet Vacations[®], don't qualify, nor do flights posted after this or under another code. Other conditions apply. CIBC has no arrangement with WestJet in connection with this offer. ⁴Welcome Bonus cannot be combined with any other offer and applies to new, approved primary cardholders only; it may not apply if you convert your existing CIBC Visa card, or if your existing CIBC Visa card is converted, into this card. Welcome Bonus will be awarded after you complete your first card purchase. Offer may be changed or withdrawn at any time. [®]Reg. TM of CIBC. [®]Registered trademark of Aeroplan Canada Inc. [®]WestJet and WestJet Vacations are registered trademarks of WestJet Airlines Ltd. "CIBC For what matters." is a TM of CIBC.

Russian figure skater Andrei Lutai will miss the Winter Olympics after receiving a one-year ban for allegedly stealing a car in the United States and driving it while drunk. Russian Figure Skating Federation chief Valentin Pisheyev said that Lutai's suspension is for "violations of the training regime and ethical norms." THE ASSOCIATED PRESS

Sports

EDITOR: DON.MCHOUILL@METRONEWS.CA

Sports in brief

SOCCER Five clubs in Albania, Latvia, Slovenia and Hungary were named as suspects in European football's biggest match-fixing investigation, UEFA said yesterday. The European football body identified the clubs as KF Tirana, FC Dinaburg, KS Vilaznia, NK IB Ljubljana and Honved and said they allegedly fixed seven games in the Champions League and Europa League.

TENNIS Rafael Nadal fell out of contention for a spot in the semifinals at the ATP World Tour Finals with a second straight defeat, losing 6-1, 7-6 (4) yesterday against Nikolay Davydenko. Earlier, Robin Soderling became the first

player to reach the semis of the season-ending tournament by beating Novak Djokovic.

NFL Two-time Super Bowl winner Mike Shanahan has met with the Buffalo Bills to discuss their head coaching vacancy, according to a published report. ESPN.com reported yesterday that Bills chief operating officer Russ Brandon travelled to Denver and spent seven hours meeting with Shanahan on Monday and Tuesday.

NFL Steelers quarterback Ben Roethlisberger has practised despite sustaining a concussion against Kansas City and is expected to play Sunday in Baltimore.

METRO NEWS SERVICES



Weir to be enshrined

Mike Weir's career is about to come full circle. The lefty from Bright's Grove, Ont., will return to his hometown on Saturday to be inducted into the Canadian Golf Hall of Fame during a reception at Huron Oaks, the golf course where he honed his game as a kid.

THE CANADIAN PRESS

SCOREBOARD

NHL

OVERALL STANDINGS EASTERN CONFERENCE

	G	P	W	L	OL	GF	GA	PT
d-Pittsburgh	25	17	8	0	77	69	34	
d-Washington	25	14	5	6	87	73	34	
d-Boston	24	12	8	4	59	59	28	
New Jersey	23	15	6	1	61	56	31	
Philadelphia	23	12	5	7	50	57	27	
Ottawa	22	12	7	3	67	65	27	
N.Y. Rangers	24	13	10	1	74	66	27	
Buffalo	21	12	7	2	54	52	26	

Atlanta	21	11	7	3	73	61	25
Tampa Bay	23	9	6	7	59	67	25
Montreal	25	12	12	1	63	72	25
N.Y. Islanders	25	9	7	6	78	76	25
Florida	23	10	9	4	63	74	24
Toronto	23	5	11	7	61	85	17
Carolina	23	5	13	3	53	83	15

WESTERN CONFERENCE

	G	P	W	L	OL	GF	GA	PT
d-San Jose	25	16	5	4	85	62	36	
d-Chicago	22	5	3	7	49	49	32	
d-COLORADO	24	14	7	4	77	75	32	
CALGARY	23	14	6	3	73	63	31	

Los Angeles	23	14	9	2	76	76	30
Montreal	23	14	8	1	57	60	29
Dallas	24	11	6	7	73	69	29
Columbus	23	12	8	3	72	84	27

d - division leaders ranked 1-2-3 regardless of points

YESTERDAY'S RESULTS

CALGARY	2	Phoenix	1
Toronto	1	Tampa Bay	3
New Jersey	3	Ottawa	1
Pittsburgh	3	Montreal	1
Atlanta	2	Detroit	0
Boston	2	Minnesota	1
N.Y. Rangers	2	Philadelphia	1
Philadelphia	2	Buffalo	0
St. Louis	4	Dallas	3
Nashville	4	Colorado	3
Los Angeles	3	Montreal	1
Carolina	3	Edmonton	1
Chicago	1	San Jose	1

TODAY'S GAMES

Columbus at Ottawa
Los Angeles at Vancouver

NBA

YESTERDAY'S RESULTS

Charlotte	116	Toronto	81
Boston	113	Philadelphia	110
Cleveland	98	Detroit	88
Dallas	130	Houston	99
Denver	124	Minnesota	111
Indiana	86	L.A. Clippers	73
Miami	99	Orlando	98
New Orleans	102	Memphis	99
Phoenix	126	Memphis	111
Sacramento	111	New York	97
San Antonio	118	Golden State	104
New Jersey	107		

TODAY'S GAMES

Orlando at Atlanta, 8 p.m.
Chicago at Utah, 10:30 p.m.

NHL Flames beat Coyotes



Phoenix Coyote Paul Bissonnette, left, fights with Calgary Flame Brandon Prust during first period NHL action in Calgary last night. The Flames won 2-1. For a complete game recap, see metronews.ca/sports.

Riders fan now an Al

GREY CUP PREVIEW

Roughriders vs Alouettes



It will be all business for Scott Flory when he lines up in the Grey Cup game against the team he rooted for as a child.

The all-star guard for the Montreal Alouettes was born and raised in Regina, and was technically a Roughrider for a short spell in 2004 although he never wore the green and white. And now the 32-year-old

will be banging helmets with Roughrider defensive linemen when the teams meet in the Grey Cup game for the first time on Sunday at McMahon Stadium (TSN, 4:30 p.m.).

"How could you not be growing up in Regina?" Flory said Wednesday of growing up a Riders fan. "That's all I knew."

"But I'm an Alouette and I love it. I wear that little lark on my chest proudly."

Green-clad fans from neighbouring Saskatchewan are expected to invade Calgary to see their team vie for a second Grey Cup in the last three years. With

the passion Saskatchewan has for its team, Flory knows they'll be noisy.

"It's like the Habs mentality in Regina, that's how I'd describe it to Montreal," he said. "The Habs are everything to Montreal, right?"

THE CANADIAN PRESS

metronews.ca



Scan this barcode for the most recent Sports updates on your smartphone. Learn how to scan the barcode with the instructions at the top of pg 3

**DRAMA.
SUSPENSE.
COMEDY.**

Visit metronews.ca
to watch
metrotube

The video everyone's
talking about.

**ACCESS
LEGAL
RESEARCH INC.**

- CRIMINAL PARDON /U.S. WAIVER
- 24 HR CRIMINAL RECORD CHECK
- FINGERPRINTING
- LOW COST NO FAULT DIVORCE
- SMALL CLAIMS COURT TO 25K

**CALL
403-228-2469**

**ENTER TO WIN
a thrill of a lifetime!**

Metro and Canada Olympic Park are offering 2 Metro Calgary readers the chance to try one of the most exhilarating experiences you can have in sub zero temperatures. The thrill lasts just 60 seconds but the story will last forever!

Piloted by a professional driver, you'll twist down 14 turns, pulling up to 5Gs and hit a maximum speed of 120 km/h on a course that develops Olympic champions including the Kreisel Loop made famous in 1988 by the Jamaican Bobsleigh Team's infamous crash.

You and your team will vie against other Calgary teams for some wonderful prizes from Sony, Canada Olympic Park and of course bragging rights for an entire year!

Enter online at metronews.ca



CANADA
OLYMPIC
PARK

SONY®

winSPORT
CANADA

metro®



SUNRIDGE NISSAN



ALL STARS

THE
SAFETY
IIHS 2010 TOP SAFETY PICK

2010 Nissan Versa Hatchback

\$15,599
\$199/month



THE
FULL BACK
FULL LENGTH,
FULLY BOXED FRAME
FOR STRENGTH

2010 Nissan Titan Crew Cab SE

\$36,799
\$499/month



STOP BY THE SUNRIDGE NISSAN
TITAN
TAIL GATE PARTY
MONDAY 23RD - SATURDAY 28TH
FOOD - MUSIC - FOOTBALL

WIN GREY CUP TICKETS!!!

Versa - 60 3.9 % month lease, \$806.29 down 35% residual, Titan - 96 month 6.97% finance, all payments plus taxes and fees and are O.A.C., errors and omissions exempt

Experience A New Way Of Doing Business.

SUNRIDGE
NISSAN
sunridgenissan.com

3131 - 32 Ave NE, Calgary, Alberta



(403) 536-9705



Walmart
Save money. Live better.TM

Connection Centre

It's better than prepaid!

Koodo Mobile
Don't Run Out of Minutes
No Top-Ups Required
No Fixed-Term Contract
Plans From \$15 A Month
All Plans Include Text
Per-Second Billing
koodomobile.com

No System Access Fee.

\$0

With the Koodo™ Tab!
\$173.83 \$148.83 Sale Price

LG Keybo
• 2.0 megapixel camera
• MP3 player
#8712551

\$0

With the Koodo™ Tab!
\$173.83 \$148.83 Sale Price

Samsung Slyde
• 2.0 megapixel camera
• MP3 player
#8714273



Activation Included.



Activation Included.

\$23.83

With the Koodo™ Tab!
\$199.83 \$173.83 Sale Price

Samsung Intensity™
• 1.3 megapixel camera
• MP3 player
#8714987



Activation Included.

\$48.83

With the Koodo™ Tab!
\$223.83 \$198.83 Sale Price

Motorola Rival
• 2.0 megapixel camera
• MP3 player
#8714504



Activation Included.

koodo
mobile™

Good call

(1) Subject to approved credit. Prices do not include taxes. The contract phones in this advertisement are available in Walmart stores with a Connection Centre. Visit walmart.ca to find a Connection Centre nearest you. Product availability may be determined by local wireless coverage. Prices effective November 26 2009 to January 3 2010. While quantities last.

metro

metronews.ca

Thursday, November 26, 2009

Iverson to retire?

Allen Iverson is set to retire from the NBA, according to an online report yesterday by Stephen A. Smith. THE ASSOCIATED PRESS

20 sports

Packers look to subs

Aaron Kampman has been there for Green Bay Packers rookie Brad Jones all year, sharing the subtle tricks and techniques he has learned on the field and in the film room through seven-plus NFL seasons.

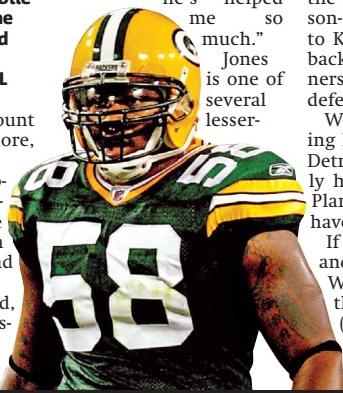
The Packers can't count on Kampman anymore, but Jones still will.

Jones credits Kampman for the improvement he has made since coming to Green Bay as a seventh-round pick out of Colorado.

"Aaron's so good, man," Jones said Tues-

day. "He's really the description of a 'vet,' a veteran. He knows so much, he's helped me so much."

Jones is one of several lesser-



THE ASSOCIATED PRESS

known Packers players who will have to take on more significant roles in the wake of Sunday's season-ending knee injuries to Kampman and cornerback Al Harris, two cornerstones of Green Bay's defence.

With today's Thanksgiving Day game looming in Detroit, the Packers barely have time to draw up Plan B — and certainly have no time to sulk.

If backups such as Jones and cornerback Tramon Williams don't take up the slack, the Packers (6-4) might miss the playoffs.

Brad Jones

Madrid, Milan, Marseille battle to qualify

Real Madrid, AC Milan and Marseille remain locked in a battle to advance from the same group after not a single team clinched qualification in the Champions League yesterday.

Madrid tops Group C with 10 points after Gonzalo Higuain scored in a 1-0 win over FC Zurich.

Ronaldo returns

- Real Madrid's Cristiano Ronaldo returned to action yesterday after nearly two months out due to injury.

Milan drew 1-1 with Marseille to be next with eight points, one more

than the French club. Marco Borriello's 10th-minute goal for the Italians was cancelled out six minutes later by Lucho Gonzalez.

If Marseille beats Madrid by a two-goal margin Dec. 8, the Spaniards will still qualify even if Milan defeats last-place Zurich.

THE ASSOCIATED PRESS

CANADA OLYMPIC PARK

GET YOUR ART ON!

DESIGN YOUR OWN SNOWBOARD CONTEST!

THE GRAND PRIZE WINNER WILL RECEIVE A PACKAGE VALUED AT OVER \$3,500 INCLUDING:

- A Series 13 custom-made Burton Snowboard
- Burton Prize Package • A COP Season Pass • Hill Tickets for 20 friends

TWENTY (20) RUNNER UP PRIZE WINNERS WILL RECEIVE:

- A COP Snow Card • Burton Prize Package • Hill Tickets for 10 friends

DEADLINE FOR SUBMISSIONS IS NOVEMBER 27 AT NOON.

Check out www.winsportcanada.ca for details on how to enter.

VOTE FOR THE BEST BOARDS ONLINE STARTING NOVEMBER 30!

CANADA OLYMPIC PARK

BURTON

CAV DZ

metro

Treat yourself!

If you're out shopping and need a pick-me-up, why not go for one of these holiday lattes from Starbucks? Flavours include Peppermint Mocha, Gingerbread, and Caramel Brûlée. Five cents US from the sale of every latte will be donated to RED on Dec. 1. METRO NEWS SERVICES



HOLIDAY

Shopping Guide

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Shoot to thrill with cameras

From DSLRs to camcorders, there's something for every photographer on your list

RAFAEL BRUSILOW
for Metro Canada

A picture truly is worth a thousand words so snap away this holiday season with some of Metro's best picks for photographic fun:

Samsung ST550 dual-screen camera \$399.99

If you love hanging out with friends but hate having all those self-portrait group shots turn out skewed or with people cut out, the ST550 camera is for you. As the world's first dual-LCD camera, the ST550 places a second 1.5-inch LCD screen on the front, lens-forward part of the camera to let you see exactly how you're framing your self-portrait. You'll also notice there are no buttons on the back of the camera, which is taken up entirely by a huge 3.5-inch touch screen that lets you take and edit your photos using just your finger. With 12.2 megapixels, image stabilization and smart face recognition to boot, this is one cool camera.



Olympus Stylus Tough-6000 \$329

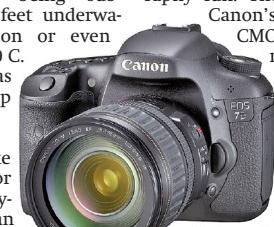
Built to survive situations that would see other cameras either shatter into shards or shut down for good, the 10-megapixel Tough-6000 is



touted by Olympus as being able to survive a five-foot drop, being submerged 10 feet underwater, sat upon or even frozen to -10 C. The body has a built-in "tap control" whereby things like flash mode or picture playback can be accessed simply by tapping the sides or back of the camera — ideal for when you're wearing gloves on the winter slopes or diving to snap shots of dolphins. If there ever was a truly child-proof camera that not even your delightful nephew could ruin with his "eccentric" ways of playing with toys, this is it.

Canon 7D DSLR camera \$2,099.99

Canon's newest DSLR addition is the real deal — a professional level camera at a semi-professional



price that really understands what makes photography fun. The 7D takes Canon's excellent CMOS sensor to new heights with 18-megapixels attached to two DIGIC 4 image processors,

which enable the rig to take photos at 8 fps in continuous shooting mode with ISO ratings up to 12,800 for superior low-light photo taking. Canon consulted with more than 5,000 professional photographers worldwide to find out exactly what they wanted from a camera and the result is a swath of revolutionary features like an intelligent light metering system, a bright viewfinder with 100 per

cent coverage, full HD 1080p video shooting, a built-in transmitter for external flashes and even a dual-axis electronic level built into the viewfinder so you'll never have to take skewed shots that look like the Titanic is constantly sinking. This camera might even slay dragons if you find the right button.

Kodak Zi8 pocket video camera \$199.95

Small but feature-packed, the Kodak Zi8 is convenient and fun to use. This compact but powerful little video camera is great for taking quick vids on-the-fly for your YouTube or Facebook postings. Despite its smaller size and price, the camera packs in full 1080p HD video capabilities, image stabilization, face detection and comes with HDMI and AV cables included. Easy to carry and use,

the Zi8 is perfect for budding pocket-directors.

Flip Video MinoHD camcorder \$279.99

If cuteness could transform into a camera, the MinoHD might just be the form it would take. While the spry little camera can take up to 60 minutes of high-definition video and features an internal rechargeable battery, it also has plenty of style: Yours. The MinoHD has a fully customizable exterior, from cool prints to interesting patterns to your own photos or images, making sure every Mino is unique. The personalization is fully included in the price and the camera weighs just over three ounces.



Nikon D3000 DSLR w/ 18-55mm VR lens \$639.95

A killer rig for the enthusiastic



photographer, Nikon's D3000 is the premiere entry-level Digital SLR camera on the market. Don't let the entry-level tag fool you though, there is nothing stripped down or feature-famished about this model. With an 11-pt autofocus, large DX format CCD sensor, three-inch LCD monitor and coming with ver-

satile 18-55mm VR lens (VR stands for Vibration Reduction, Nikon's version of image stabilization) this is way more camera than you should be getting for the money. For real DSLR first-timers, the camera sports a powerful guide mode to help teach you not only all the ins and outs of the camera, but

the most crucial principles of DSLR photography as well.



Canon 7D DSLR camera \$2,099.99

Canon's newest DSLR addition is the real deal — a professional level camera at a semi-professional



JIMMY THE GREEK®

VISIT JIMMYSHEGREEK.COM FOR YOUR NEAREST LOCATION

Holiday Shopping Guide

Deck the halls

Plenty of options available when it comes to holiday ornaments

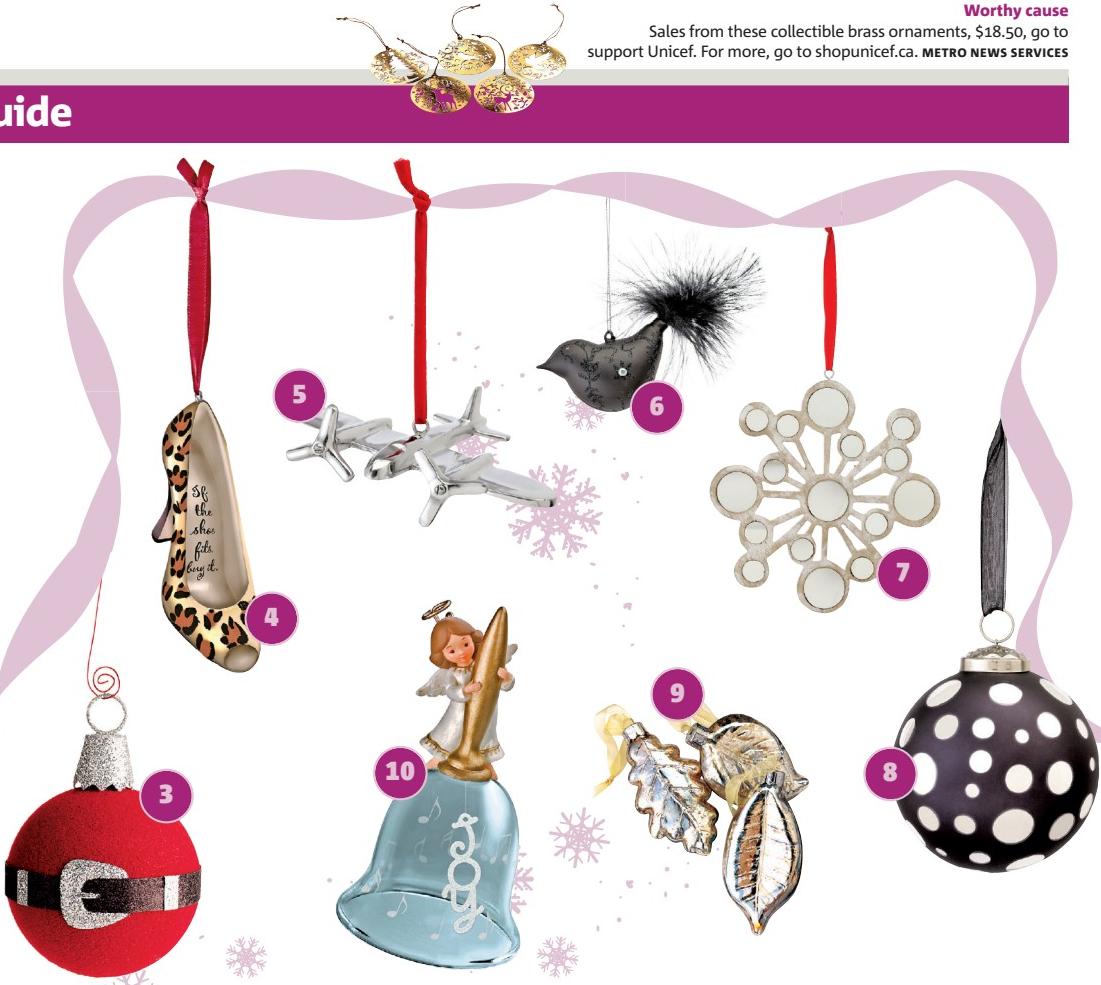


MOM-TO-BE ANGEL

This five-and-a-half-inch tall angel also features a sentiment on the back of the silver tag, which reads: Heavily license to crave.

\$16.98

Available at Hallmark stores across Canada.
hallmark.ca



1 Spa-lendid Friends! ornament, \$22.98 at Hallmark. For more, go to hallmark.ca.

2 Glass Cake Stand ornament, \$8.95 at Pier 1 Imports. For more, go to pier1.ca.

3 Santa Belly ornament, \$4.95 at Pier 1 Imports. For more, go to pier1.ca.

4 Shoe ornament, \$11.99, with "If the shoe fits, buy it" printed on it. Available at Hallmark. For more, go to hallmark.ca.

5 Retro plane ornament by HomeSense, \$5.99. For more, go to homesense.ca.

6 Feathered glass bird ornaments, \$5.99 for a set of three at HomeSense. For more, go to homesense.ca.

7 Distressed wood snowflake ornament with mirrored detail, \$5.99 at HomeSense. For more, go to homesense.ca.

8 Glass polka-dot ornament, \$4.99 at HomeSense. For more, go to homesense.ca.

9 Mercury glass ornaments, \$3.99 each at HomeSense. For more, go to homesense.ca.

10 Notes of Joy glass ornament, \$24.97 at Hallmark. For more, go to hallmark.ca.

Download the complete sale flyer at long-mcquade.com



SHOP ONLINE at long-mcquade.com

Where the Music Begins This Holiday Season.

Long & McQuade
MUSICAL INSTRUMENTS

www.long-mcquade.com

105-58th AVENUE SW
403.244.5555
calgary@long-mcquade.com



Girlie gift

These colourful Stylize Kids Barrettes are perfect stocking stuffers for the young fashionista. Prices vary. Available at Shoppers Drug Mart, shoppersdrugmart.ca. METRO NEWS SERVICES

**Holiday Shopping Guide**

Naughty & nice



Fuchsia Babydoll with matching panty, \$29.50 at La Senza. For more, go to lasenza.com.

Graphic Print Compact Mirrors, \$5 each, at Old Navy. For more, go to old-navy.ca.



Malibu Cuff, \$36, by Foxy Originals. For more, go to foxyoriginals.com.



Faux Fur Neck Collar, \$185, at Banana Republic. For more, go to bananarepublic.ca.

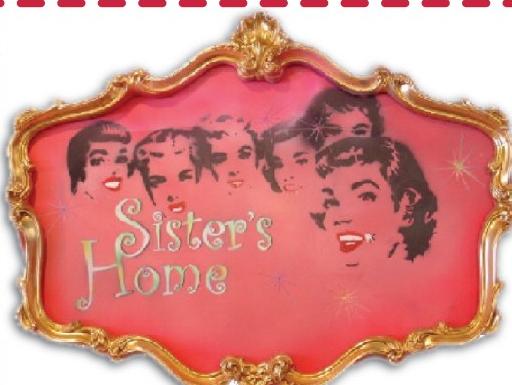
Mrs. Claus Apron, \$34.95 at Pier 1 Imports. One size. For more, go to pier1.ca.



Tweety Body Powder by Aquolina, \$32 at Sephora. For more, call 1-877-737-4672.



Man of Gingerbread mug, \$9.95 at Hallmark. For more, go to hallmark.ca.



Cards for my friends

Medicine for Aminata



This holiday season give the gifts that give back. Every UNICEF card or gift you purchase helps vulnerable children around the world. To find a selection of unique and meaningful cards and gifts visit unicef.ca/giving.

Give the gifts that give back 

Shop for Cards at these retailers:

Pier 1 Imports

TEN THOUSAND VILLAGES

IKEA

RONA

Doing it right

Hallmark

GOLD CROWN

DRAMA. SUSPENSE. COMEDY.

Visit metronews.ca to watch  of the day

25% OFF ANY ONE ITEM
“A Fun & Funky Fashion Boutique”

**TUESDAY TO SATURDAY: 11AM - 6PM
SUNDAY TO MONDAY: 12PM - 5PM**

Phone: 403.457.3389
Address: 2026 - 34th Ave. SW

HOST A PRIVATE SHOPPING PARTY - CALL FOR DETAILS



This Scrolling Licence Plate Frame, \$34.99, is programmable with any message. A built-in memory holds five messages up to 250 characters long. Available at Shoppers Drug Mart, shoppersdrugmart.ca. METRO NEWS SERVICES

Holiday Shopping Guide

Gifts for the book-lover on your list

BRIAN COULTON
for Metro Canada

A funny French wine tour memoir from a new Canadian writer and the dark sophomore novel by an Australian singer are among Metro's literary must-haves for this holiday season.

Whether you're trekking old-fashioned to the bookstore or stuffing stockings with a click, consider these top publishing picks of 2009.

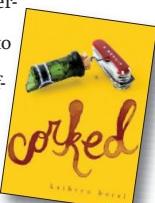
Corked

Author: Kathryn Borel Jr.
Publisher: John Wiley & Sons
Price: \$29.95 (hardcover)

The road to hell is paved with grapevines in this comic breakout memoir by Toronto radio producer

and writer Kathryn Borel Jr. Despite growing up with regular tasting lessons from her wine connoisseur father Philippe, Kathryn's vintage vocabulary hasn't quite fermented.

Aiming to connect with often-headstrong Philippe, she initiates a father-daughter wine quest through France. But the well-intentioned trip soon turns sour as she struggles to reconcile her father's outrageous behaviour with her own strenuous past. Written in Borel's sharp-witted, self-assured voice, Corked marks the introduction of an expressive,



honest writer whose rich, vivacious voyage proves to be compassionate as it is, itself, corked.

Generation A

Author: Douglas Coupland
Publisher: Random House Canada
Price: \$32.95 (hardcover)

Eighteen years after the release of his breakout novel Generation X, Vancouver-based Douglas Coupland follows the narrative style and theme that brought him to recognition in Generation A. In the near future, bees have all gone extinct. But when five strangers from Canada, the United States, France, New Zealand and Sri Lanka are each stung, they become embroiled in mass media attention, studies and eventual capture by a sci-

entist determined to discover their connection in his own way. Blending sentiments of optimism with catastrophe, Coupland continues his astute reflection on popular culture and technology, always coloured by his distinctive brand of humour.

When You Are Engulfed in Flames

Author: David Sedaris
Publisher: Little, Brown & Co.
Price: \$17.99 (paperback)

In this sixth collection of

personal essays by matter-of-fact American humorist and storyteller David Sedaris, the writer continues to mine the seemingly mundane, turning his daily experiences into wonderfully wry accounts of personal discovery. In more than

22 short accounts, Sedaris probes his boyfriend Hugh's quick-paced walk, sharing a boarding house with some unexpectedly less-than-refined roommates, and how it took a trip halfway around the world for him to quit smoking cigarettes. Equal

parts absurd and upstanding, When You Are En-gulfed In Flames propels Sedaris' frank storytelling prowess.

The Death of Bunny Munro

Author: Nick Cave
Publisher: HarperCollins Canada
Price: \$29.99 (hardcover)

Don't let the ironically adorable fluffy bunny costume on this book's cover fool you. The book's morbidly humorous tone turns grim when Bunny encounters the unforgiving skeletons in his closet.

can i send the gift of money worldwide online?



Enjoy the convenience of sending the gift of money online to family and friends around the world.

Available on online transfers under \$1,000 at Scotia OnLine® Financial Services.

scotiabank.com/westernunion



IN ADDITION TO THE TRANSFER FEE, WESTERN UNION ALSO MAKES MONEY FROM THE EXCHANGE OF CURRENCIES. Money transfer fee of \$9 plus 1% of principal is applicable to money transfers less than \$1,000 on consumer to consumer Western Union Money Transfer transactions initiated through Scotia OnLine® Financial Services which is provided by The Bank of Nova Scotia ("Scotiabank"). Fees are subject to change without prior notice. Scotiabank is an authorized agent facilitating Western Union Money Transfer services but is not responsible for the funds transfer. A Scotiabank Day to Day account is required for a Western Union Money Transfer transaction. The Scotiabank name, logo and related trademarks, are registered and/or used in the U.S. and many foreign countries. © Bank of Canada - bank note image used and altered with permission.

More Canadians choosing real trees, say retailers

For some people it's the smell of cinnamon, peppermint or hot apple cider that reminds them of Christmas.

For others, it's the smell of pine that fills the house when a real Christmas tree is set up next to a crackling fire.

This year, Canadians may be getting nostalgic for that smell, as the country's largest organization representing wholesalers of real Christmas trees reports a 15 per cent increase in orders from retailers this season over last.

"I think it's because people don't plan to go away because of the recession. They plan to stay at home and have a nice family Christmas," said Lewis Downey, executive director

of the Canadian Christmas Tree Growers Association.

Downey's organization represents approximately 1,500 wholesalers across the country. Wholesalers sell both potted and cut trees.

"Real trees smell good — a real turkey beats canned turkey," said Downey.

According to Statistics Canada, revenues from Christmas tree sales rose in 2008 — returning to a level last seen in 2004.

Others in the Christmas tree industry say the 2009 season is on track to continue the upward trend.

"People aren't going to Florida, they're staying at home — it's a nesting thing and we've seen it before in economies like this one," said Doug Drysdale,

owner of Drysdale Farms near Toronto.

His farm has been in business since 1945 and operates the largest cut-and-choose farm in the province.

"As trends go we're anticipating about a 10 per cent increase in business over last year," said Drysdale.

However, artificial trees remain popular, and unlike real trees they now can come pre-decorated with different sizes of LED lights, or flocked with artificial snow.

Among the trees displayed at a Sears store in downtown Toronto this year is an artificial palm tree decorated with golden LED lights.

"The palm tree, people shake their heads when

they see it. It's for the quirky and non-traditional," said Cindy Jardim, director of brand development at Sears Canada.

Jardim said sales of artificial trees have been flat so far this season. She said most people buy their artificial trees in November.

"I still feel that fake is going to go all the way, especially in a tough economy."

"It really comes down to whether a customer wants to spend \$80 to \$100 on a real tree that's only going to last that week or two versus a tree they're going to have for many, many years for their families to enjoy," said Jardim.

At Sears the mid-point price for an artificial tree is \$300 fully lit.



Sales of real Christmas trees are rising this year, say wholesalers.

Mad for plaid

This Buffalo Plaid Hobo bag is available at Gap for \$54.50. For more, go to gapcanada.ca. METRO NEWS SERVICES

**Holiday Shopping Guide****Great gifts under \$25**

This gift-giving season, \$25 and under is the place to be.

The economy is slowly recovering, yet consumers remain nervous, leading retailers to offer more items for \$25 or less, experts say.

"A few years ago, there was no price barrier for most retailers and most consumers," said Kathy Deane, president of the New York-based retail consultancy Tobe. "Now consumers are looking for value. This is the year of \$25-and-under gifts."

In the past, stores and malls focused on presents less than \$50 or less than \$100, said Marshal Cohen, chief industry analyst at market research firm NPD Group.

"This year, the \$25 price point really has resonated," said Cohen. It's what most people will spend for stocking stuffers or gifts for people outside their immediate family, he said.

"That's the magic price point line, which retailers recognize is their target zone," he said. "Twenty-five dollars buys someone a gift that says, 'I thought about you.'"

This year's holidays will be cautious ones, said Cohen, with stores offering traditional, practical gifts.

"The retailer is going to say, 'We understand the economy is challenging. Instead of trying to shove a \$100 cashmere scarf down your throat, why don't you give a \$19.99 special lamb-swool scarf that feels like cashmere?'"

Popular gifts are likely to include accessories and apparel such as costume jewelry, grooming gadgets, small leather goods, cold weather staples like lined gloves, cosmetic bags, wallets and cufflinks for men. Also popular will be DVDs, books, electronics accessories and \$25 gift cards, Cohen said.

"All kinds of things are going to be available to make your life a tiny bit better," he said.

Here's a look at some that cost no more than \$25:

FOR HER

You can find a sweater for \$25, but there are also many trendy and stylish accessories.

Try leggings,



The Snake Charmer Clutch by Trina.



ALPHOTOS BY THE ASSOCIATED PRESS

Limited-edition two-tone tights by Trina Turk.

which are fashionable this fall and fit into spring's skinny-leg silhouette. You can find cotton leggings in black, brown, navy, grey and purple, as well as argyle and two-tone patterns. "Leggings are the hottest selling thing right now. Everyone is obsessed with leggings," says Alison Hessert, a spokeswoman for HUE.

For those who like to pull on their Wellies (non-insulated tall rubber boots) on a cold slushy day or for gardening, how about fleece boot liners? They also can be worn around the house as slouchy slippers.

Contact lens cases, pill cases or coin purses can be found in a crewel-inspired print. A satin clutch in gold and other colours is great for evenings out.

Cosmetic bags, which often get grimy and need to be replaced, make a great gift. Some manufacturers make a good-looking makeup bag that doubles as a clutch in stylish patterns and colours.

Costume jewelry, such as a big faux cocktail ring, is great for a fashionable friend.

"There's no question that they would be fake, but they're lots of fun," says Linda Lee,

group vice-president of Macy's By Appointment.

Shoppers will be looking for gifts that are fashionable and interesting, such as statement necklaces, bangles and leather wrist bands, Deane said.

For your favourite hostess, there's a bountiful supply of stylish and practical items for the home. Think tea towels, note cards, candles, picture frames, decorative soaps, plants and

flowers, food gifts and kitchen items.

For a wine lover, bottle stoppers can be had for under \$25. Look for a faceted diamond stopper or others in animal prints like zebra and giraffe. Coasters are great for those who entertain often.

For women you know well who don't always carry a purse — for instance, when they are jogging — there's the Racktrap, a credit-card-size pocket that goes into the bra to hold essentials. From theracktrap.com, there's a single gold one, or there's the "fashion four-pack" of white lace, black lace, nude lace and a sweatproof blue sport version.

The Bra Barrette (brabarrette.com) adds some jewelled flair to the back of spaghetti tops and dresses, swimsuits or bras.

FOR HIM

For the guys, there's the ultra-traditional gift of socks and PJs, everyday items that many of our special guys don't exactly go out and buy for themselves.

Argyle socks are in or look for other traditional styles like pinstripe, pin dot, and solid black, navy and brown.

Speaking of traditional, tie accessories such as tie clips and holders as well as cufflinks are making something of a comeback.

You could also consider pocket calculators, luggage tags and umbrellas for travellers.

MISCELLANEOUS

Accessories for electronics such as computers, cellphones and gaming systems are expected to be popular this season, Cohen said.

Wii fanatics may enjoy the new Wii Motion-Plus. It attaches to the Wii remote to increase accuracy and works with certain compatible games.

A neoprene pixelated computer case comes in black and light grey or several other colour combinations.

Mouse pads can be personalized. Or the popular aluminum SIGG water bottles can be tricked out with a saying, name or photo.

THE ASSOCIATED PRESS

Clockwise from top: A Facet crystal diamond bottle stopper; Lego Recycled Cufflinks; and the Racktrap.

It's more than the present,



...it's about the future.



TEN THOUSAND
VILLAGES

living gifts 2009

Experience the joy that comes from giving unique gifts that are truly life-changing.

8318 Fairmount Drive SE (403) 255-0553

Monday to Wednesday 10 to 6, Thursday & Friday 10 to 8, Saturday 10 to 5

220 Crowchild Trail NW (403) 270-0631

Monday to Saturday 10 to 5:30, Thursday 10 to 8

738A 17th Avenue SW (403) 228-5085

(seasonal store, closes after December 24)

Monday to Saturday 10 to 5:30, Thursday 10 to 8, Sunday 11 to 4

Fair Trade since 1946 • www.TenThousandVillages.ca



Andy Warhol Treasures: The Illustrated Story of Andy Warhol's Life and Works, \$39.95 at Indigo and Chapters stores, or online at chapters.indigo.ca. METRO NEWS SERVICES

For the art lover

Holiday Shopping Guide

Gifts for the gamer

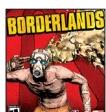
KAREN FALCON
for Metro Canada



This season is stuffed full of gaming goodness and Metro has made it wicked-easy for you by narrowing the choices down to the best of the holiday offerings (all under \$60). Just take this handy paper to the store and point to what you need. Clever, right?

Borderlands

Platform: PS3, Xbox 360
Rated: M



There's never been anything quite like it. It's a shooter and it's an RPG. I'm just gonna put this out there and say I don't think I played a better game this year. Did I mention it's got guns? A mind-boggling amount of inspiring guns? And vending machines

where you can use your XP to buy health, shields, ammo, and more guns?

The single-player is fantastic but as you roam around the Borderlands searching for loot, think about convincing your friends to get this game too — it's über-good alone but even better with four of you running and gunning, leveling up your distinct characters, and making giant Spider Ants go splat.

Call of Duty: Modern Warfare 2

Platform: PS3, PC, Xbox 360
Rated: M



You need to secure Burger Town and it's not going to be easy. The campaign is relentlessly frantic, short, and super-freakin'-hard on Veteran, but don't worry because the single-player story isn't where it's at. The online

play that delivers all kinds of great new stuff and the new two-player co-op Special Ops missions are where it's at. With ground-wrecking graphics, kill streaks that unlock nukes, and lasting appeal that will take you to 2014, I wonder if this is why COD MW2 is busting all kinds of video game records — I'll bet it is.

Forza Motorsport 3

Platform: Xbox 360

Rated: E



I'm no driver. I'm just a chick who games a lot and the beauty of this game is that even if you're like me and have no clue what a gas pedal looks like, you can still win races and feel like a rock star. But that's only one of the beauties. There are lots! Like the endless decals and paint jobs you can create. Like racing around the

world with people from around the world. Like turning off the racing line, the ABS, and the traction control, then stuffing your beautiful creation right into the corner on that hairpin turn.

Whatever your capacity for racing games, Forza 3 rocks. And another beauty — pretty much every car is for sale from the very beginning so you don't have to wait to play. Beautiful.

Left 4 Dead 2

Platform: Xbox 360, PC

Rated: M



Mmm... zombies. Creepy, creepy zombies. Zombies vs. up to four co-op human players.

The undead stumble around faster than you think the undead would, the Director (AI) is brilliant, and the game tailors itself to the player's abilities. So what's better than



A scene from Ratchet & Clank Future: A Crack in Time.

that, you ask? Well,

for starters, there are five immediately accessible campaigns, an insanely fun multiplayer mode called Scavenge, a grenade launcher that teaches you the meaning of "friendly fire", and a frying pan. That's right — and it makes the most satisfying sound when it connects with zombie brains. Frying pans aren't just for eggs anymore — they're for hordes of swarming zombies.

LEGO Rock Band

Platform: Wii, Xbox 360, PS3

Rated: E



When I grow up, I want to be in a rock band. A LEGO

rock band! It doesn't matter if you're not musically inclined, because with LEGO and a microphone, guitar, or drum set, you can be a star — just like me.

Jump in and buy this Rock Band for the family. We're talking super-fun for all ages. Set the kids up with a guitar and let 'em rock out as David Bowie or Pink.

They'll amass LEGO studs, earn groupies, hire a manager, buy a bus, and unlock new venues. Then you'll have to wave bye-bye because they're hittin' the road. **CONTINUED ON NEXT PAGE**



AT \$199*, IT'S NEVER BEEN EASIER TO BRING HOME AN XBOX 360.

XBOX 360.

Sweet treat

This Life Brand Platinum Premium Belgian Chocolate Penguin, \$4.99, makes the perfect stocking stuffer. Available at Shoppers Drug Mart, shoppersdrugmart.ca. METRO NEWS SERVICES

**Holiday Shopping Guide**

CONTINUED FROM PREVIOUS PAGE

New Super Mario Bros. Wii

Platform: Wii

Rated: E

Four-player multiplayer Mario! It's hard to believe, but it's real and it's here — and with four players, it's super-fantastic!

You can play this with anyone in your house — even your mom. And did I mention you can pick up the other players and throw 'em at piranha plants just because you feel like it? Watching them try to wall-jump their way back to safety while you tear around hogging all the coins is vastly entertaining. Sometimes they don't make it and somehow, that's even more entertaining.

Mini Ninjas

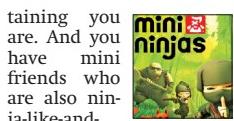
Platform: Wii, Nintendo DS, Xbox 360, PS3

Rated: E

Oh little ninja, how appealing and wickedly enter-



Uncharted 2: Among Thieves is one of the best-looking and most satisfying story-driven single player games of all time, our reviewer says.



taining you are. And you have mini friends who are also ninja-like-and-deadly, but in a remarkably charming way.

I know what you're thinking. You think it's a kid's game. You think that's who you're buying it for. And late at night, after the kids are asleep, you'll find yourself sitting there taking control of Hiro, going out in search of the other four playable mini

ninjas, mixing potions and doing a little fishing on the side. Evil Samurai Warlord and Fart Boss should be afraid. You're sending in the ninjas.

Ratchet & Clank Future: A Crack in Time

Platform: PS3

Rated: E

Your favourite Lombax is at it again and this time he's packin' a customizable super-cool, uber-inventive arsenal.

With a mind-boggling

amount of stuff to upgrade, fun puzzles, and fantastic Clank sections, this last instalment of the Future series isn't one fans or newcomers should miss.

It's a perfect Ratchet game with stupendous guns, tonnes of nuts and bolts flying all over your screen, a brilliant control scheme, and a magnificent pair of hover-boots. Oh, and a Chimp-o-Matic — because everybody

needs a gun that turns enemies into monkeys!

Uncharted 2: Among Thieves

Platform: PS3

Rated: T



I've decided that chuckin' propane tanks at enemies and then shooting 'em to make big fat destructive fireballs is one of the best things to do in videogame land. Kids, do

not try this at home unless you're playing your PS3 and playing one of the best-looking and most satisfying, story-driven single-player games of all time.

It's Nathan Drake meets Lara Croft meets Indiana Jones meets Awesome in Uncharted 2. And wait for it: There's more awesome — there's multiplayer too! If you're going to gift it, throw in some frozen dinners and a microwave, because your recipient won't have time to cook for a while. Trust me. I know things.

MAD MANAGERS TWITS IN TIGHTS AND SOME SMASHING BIRDS

BLOODY BRILLIANT GIFTS

AVAILABLE AT **hmv**

BBC VIDEO

© 2009 BBC Video Ltd. All Rights Reserved.
Selection is subject to availability and will vary from store to store. HMV reserves the right to limit quantities.

Give her the gift of a home facial, with Santa's Rice Porridge Fresh Face Mask, \$5.95. Available at Lush, 1-866-644-5874, lush.ca. METRO NEWS SERVICES



Holiday Shopping Guide

Furry family fun

Your dog and cat may not know it's the holidays, but admit it, most of those pet presents are really gifts for ourselves.

Brighten the dark winter days by watching your furry family have fun, and solve some common pet problems with these suggestions:

PET BEDS

You can get plenty of tasteful, upscale pet beds nowadays, styled to fit into your home's decor. Or you can say the heck with it and cheer up a room with a bright pink Sasquatch pet

bed, "the original big foot for your little beast." If you're a fan of a certain famous colourful clog, you'll go for this one, and your pet will enjoy the cosy cave made by the shoe shape. (\$99.95 at sasquatch-petbeds.com.)

If you prefer the recycled approach, the Molly Mutt pet duvet can be used to cover an old bed, or stuff it with old blankets, clothes, pillow, towels, even old stuffed toys to make a bed and keep more stuff out of landfills. (Different sizes, shapes and fabric patterns \$20-\$45, mollymutt.com.)

CHEW TOYS

If your dog is a tough chewer, check out Goughnuts. In stick and round doughnut shapes, these aren't cheap (around \$20-\$20 at goughnuts.com), but it's worth it, because they come with a lifetime guarantee. If your dog manages to chew down to the red inner safety indicator, you can return the toy to the manufacturer for a replacement.

FOR FUN

Get tired of throwing that fetch toy over and over? Use one that will make



The Humunga Stache, \$12.

you laugh: The Humunga Stache from Moody Pet, that makes your dog look as if he has a huge handlebar moustache. (\$12 at moodypet.com/humungastache.html.)

Or why not give your furry friend Max and Ruffy's organic dog treats? They come in three cool varieties: the Molasses Explosion 1919, a delicious-smelling



This Sasquatch pet bed is \$99.95 at sasquatchpetbeds.com.

LASER LIGHTS

Got a cat that's obsessed with those little laser lights? Try the Bada Beam automatic rotating laser toy. Living Ruff customer Eric Robbins is such a fan that he's made three of his friends buy it. "The Bada Beam is not for pets. It's for owners to be entertained by pets," says Robbins.

CAT TREATS

Some cats chase it, but his Otis sits and stares "and sticks his paw out every once in a while in a vain attempt at catching the little red dot," he says. "Then when you turn it off, he meows incessantly, and not your typical meow. More like a cat in heat during a full moon." (Around \$14.95 at major retailers including jbpet.com/Bada-Beam, 1230.html.)

THE ASSOCIATED PRESS



GRAND OPENING SALE
SELECTED MEN'S SUITS **\$99** AND UP
Reg Price \$279.99+

We carry Men's Suits, Dresswear, Accessories, Ladies' Church Suits, Boys' Suits, and more!

HIGH FASHION CLOTHING
MEN - BIG MEN'S - WOMEN'S - KIDS

#36, 6130 1A St SW, Across Chinook Train Station - Behind Mac's
403.453.0163 • Open Mon-Sat, 10-7



ALL THAT YOU HAVE WISHED FOR

AVAILABLE IN STORES THIS DECEMBER!

Compilations of recent movie favourites



DVDs & BLU-RAYS
available in store at great prices
PLUS GET AN ADDITIONAL
\$10 off*
By Mail

min. \$50 purchase
excl. taxes

Collectible metal sleeves and tins



*For a full list of participating
DVD AND BLU-RAY titles and
rebate details visit
www.whvpromos.ca

5-year fixed mortgage rates
PROVIDED BY RATESUPERMARKET.CA

BMO 5.59%	CIBC 5.59%	HSBC 5.84%	ICICI 5.85%	ING 4.19%	RBC 5.59%	Scotia 5.59%	TD 5.59%	Broker 3.94%
--------------	---------------	---------------	----------------	--------------	--------------	-----------------	-------------	-----------------

Rates may vary by province; check RateSupermarket.ca for the best rates in your area.

Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

5-year variable mortgage rates PROVIDED BY RATESUPERMARKET.CA	BMO 2.25%	CIBC 2.25%	HSBC 2.25%	ICICI 3.50%	ING 2.25%	RBC 2.25%	Scotia 2.25%	TD 2.25%	Broker 2.00%
---	--------------	---------------	---------------	----------------	--------------	--------------	-----------------	-------------	-----------------

Thrilling theatre, cozy comfort

EMMA YARDLEY
for Metro Canada

A movie theatre may have a booming sound system and a screen the size of a house but sometimes the ease of watching a film in the comfort of your own living room wins out.

"The key to achieving a true theatre experience at home is choosing the right entertainment system for the size of your space, your level of technology know-how, and the everyday needs of your family," says Barry Murray, director of marketing at Panasonic Canada.

He suggests looking for a system with surround-sound, true-to-life colour and HD capabilities.

"Also, think about whether the system will be used for gaming or music — there are many products available today that offer a variety of functions, like networking capabilities and iPod compatibility."

With the right tools not only can you recreate the movie theatre experience but make it even better; at home you can press pause and go to the kitchen to refill the chip bowl.



Keep everyone happy with the DVD selection — one for the kids, one for the girls and one for the guys. Julie and Julia, \$34.90, HMV and Best Buy; Star Trek, \$23.99; Up!, \$23.99; both at Zellers.

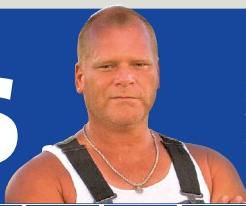


Remove the middle shelf from this bonded-leather DVD storage unit and use the space to hang a small flat screen TV. Pier 1 Imports, \$749.95, pier1.com.

New mag

Mike Holmes, who launched a home renovation magazine this week will be signing copies of the debut issue and promoting it across Canada.

THE CANADIAN PRESS



This ceramic popcorn bowl is reminiscent of those sold in theatres during the golden age of cinema. Williams-Sonoma, \$59.95, williams-sonoma.ca.



Pop to it! It's easy to use, easy to clean and even easier to go back for a second bowl.

Toastess Cinema Popper, \$59.99, Sears, sears.ca.



Are you Ready to BUY or SELL?



LET ME HELP YOU GET THE RESULTS YOU WANT.

(Paul) Justin Sharma, MBA

www.justinsharma.ca • jsharma@cirrealty.ca
Direct: 403-466-8625 • Office: 403-291-4440

MOVING? Rent a box!

Cheaper Than Cardboard

Delivery & Pick-up Included

No Building of boxes

No Disposing

Hassle-Free

Tape-Free

PayPal

Credit Cards

Debit Cards

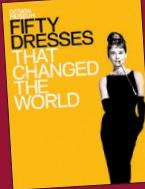
Bank Transfers

Wire Transfers

Bank Transfers

Sophie Theallet, a Frenchwoman-turned-New Yorker, has won the prestigious CFDA/Vogue Fashion Fund award, which supports emerging designers. The prize includes \$200,000 US and a year's worth of mentoring. KENYA HUNT/METRO WORLD NEWS

Style



Dressed for impact

When it comes to cultural importance, there are 50 dresses that hold iconic status, according to London's Design Museum. In its latest release, *Fifty Dresses That Changed the World* (Conran), the museum takes readers on a literary tour of beautiful designs and the famous women who wore them, including Jackie Kennedy, Twiggy, Cher and Princess Diana. The book is available at Chapters and Indigo stores across Canada for \$26.

METRO NEWS SERVICES

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Fashion's sweeter side

Ralph Lauren's daughter brings Dylan's Candy Bar to Holt's

JANINE FALCON
for Metro Canada

DERICK LEWIS

What do former U.S. president Bill Clinton, A-Rod and Janet Jackson have in common?

An appreciation for sweet treats from Dylan's Candy Bar, a New York City mecca of jellybeans, sour gums, chocolates, toffee, gummy bears, licorice, whirly pops and related apparel, accessories and spa products.

A selection of the most popular offerings is now also available at Holt Renfrew in Canada. "Everyone likes candy," says founder Dylan Lauren.

The daughter of iconic American fashion designer Ralph Lauren, Lauren says her own eye for design drew her to pop art, graphic design and packaging. She calls candy her passion, kickstarted by a Willy Wonka and the Chocolate Factory viewing when she was five.

And even before the launch of Dylan's Candy Bar, candy had already become part of her professional life during a stretch with her own event-planning company. "Interestingly, I always used candy as decorative accents," she told Metro.

Now her mission is to "el- e-vate candy so it's not just for self-consumption," she says. "Good quality candy makes great gifts." It's also easy to customize for corporate clients; Dylan's Candy Bar was a sweet part of the

"Nostalgia's a huge thing right now, especially during the recession."

Dylan Lauren

Barbie-turns-50 celebrations earlier this year.

In-demand items include brightly coloured whirly pops, candied popcorn, super-sized chocolate bars and candy time capsules featuring popular era-specific sweets, such as candy necklaces, gobstoppers, Pop Rocks and Wonka Bars

from the '70s; and Bubble Tape, Bubble Gum Cigarettes, Nerds and Big League Chew from the '80s. "Nostalgia's a huge thing right now, especially during the recession," Lauren notes.

While a variety of Dylan's Candy Bar offerings are marketplace favourites

such as Jolly Ranchers, Starbursts, Hot Tamales and Reese's Peanut Butter Cups, many are unique to the brand.

"We work with our suppliers to put our own twist on things," says Lauren, offering her Everything But the Kitchen Sink as an example. "The original had fewer components. Ours

has seven — pretzels, popcorn, cashews, toffee, peanuts, graham crackers and marshmallows."



Dylan Lauren, founder of Dylan's Candy Bar

Dylan's Candy Bar
Birthday Cake
Batter Soda Pop
Shower Gel, \$16.

Below, Coconut
Bon-Bon Body
Smoothie
Lotion, \$16.



Left, Chocolate
Cupcake Candy
Butter Cream, \$22.



Above, Dylan's
Candy Bar two-pound Milk
Chocolate Bar, \$36. Right,
Candyland Gift Basket, \$170.



**THE ILA DUSK
PERSONAL ALARM
IT SCREAMS FOR YOUR SAFETY**



ilasecurity.ca

available at the Bay

ELLE CANADA magazine on sale now!
How to fix 25 skin problems—from breakouts to dark circles—only in our December issue!
STYLE CONTENT BY ELLE CANADA, SEE MORE AT: ellecanada.com

ELLE style **31**

Editors' Pick

KICK IT



Classic black? You can wear that anytime. This holiday season, go for no-holds-barred glamour with texture and unexpected colour combinations. Make a statement in navy-and-gold brocade. Platform stilettos, H&M (\$60, hm.com)



Anna Wallner, left, and Kristina Maticic

TRIED & TESTED

Anna Wallner and Kristina Maticic have become Canada's style arbiters, trying almost every fashion and cooking technique imaginable as the stars of The Shopping Bags. Their new show, Anna & Kristina's Beauty Call, is a natural progression for the former news reporters. In this latest venture, Wallner and Maticic attend coveted fashion gatherings such as New York Fashion Week and meet some of the world's hottest designers. Then, after chatting with experts, they recreate the runway makeup, hairstyles and fashions on a budget.

COCKTAIL DRESS

Bustier styles party all night long.

ADVICE Strapless party frocks look best on gals with broad shoulders—but avoid the style if you have a fuller chest. For a great fit, try one that has a built-in bra. There are two major options: tailored '50s couture in satin or '80s disco diva in Lycra.

HOW TO WEAR IT Since this dress bares the neck and shoulders, wear an ornate necklace. On chilly nights, top it off with a boyfriend blazer or cardigan. For a fashion-forward look, add leather gloves and platform booties.



Polyester and acetate, Jacob (\$129, jacob.ca)



Stretch polyester, RW&CO. (\$88, rw-co.com)

TALL



Silk, Fullcircle (\$345, 1-866-240-2808)



Polyester, Only (\$89, 1-800-338-4392)



Cotton and polyester, Miss Sixty (\$219, info@sixtycanada.com)



Looks from the Chanel Cruise 2010 collection, complete with '30s-inspired hair and makeup; the invite to the show.

LIFE ON THE LIDO

Inspired by Luchino Visconti's moody Death in Venice, Karl Lagerfeld set the scene for the Chanel Cruise 2010 collection outside the Grand Hotel Excelsior along the Lido, where the film was shot in 1971. In lieu of aristocratic families and dark desires, more than 300 guests, including fashion journalists, celebrities and some of Chanel's top clients from around the world, were there to enjoy the spectacle. The rumbling of the Adriatic Sea was pierced by music played by a violinist and a cellist and a rap recording by Lagerfeld. The models, in '30s-style hair and makeup, strutted the catwalk/boardwalk in nautical-inspired knitwear, cream chiffon gowns and rich bronze dresses.

To read these stories and more, visit: www.ellecanada.com



rogers.com/webphones

**ULTIMATE WEBPHONES
all under \$100**

EXCLUSIVELY FROM  **ROGERS™**

**50% off
all outerwear**

valid until
November 29th*

H&M

*Certain restrictions apply.

Mrs. O dazzles at state dinner

Designer Naeem Khan created first lady's gown

First lady Michelle Obama chose to wear a gleaming silver-sequined, cream-coloured gown Tuesday night to the first state dinner held by her husband's administration.

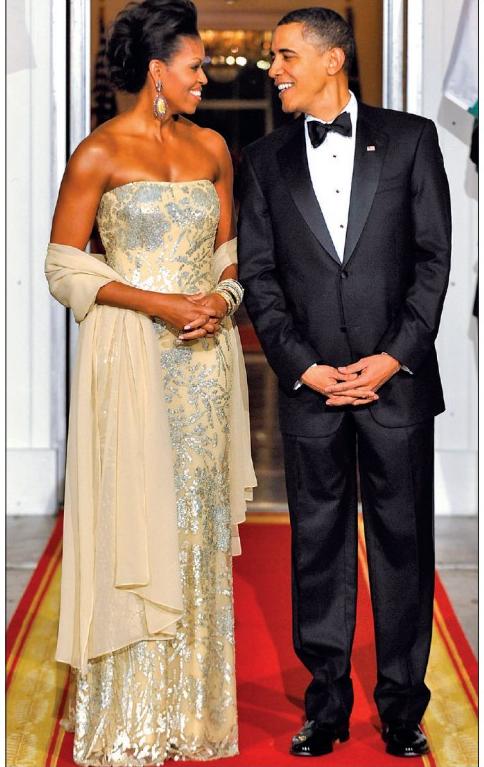
She was tending to her hostess duties in a strapless silhouette with the beads forming an abstract floral pattern that was custom-made by Naeem Khan.

She wore a matching wrap, a stack of bangle bracelets on her wrist and dangling earrings.

The guests of honour at the dinner were Indian Prime Minister Manmohan Singh and his wife, Gursharan Kaur, making Mrs. Obama's choice of the Indian-born, U.S.-based designer seem very appropriate.

Earlier in the day, for a preview of the event, Mrs. Obama wore a skirt by Rachel Roy, also an Indian-American. "That gave us a preview that she was going to use clothes to convey a meaning," said Mary Tomer, author of the new book Mrs. O: The Face of Fashion Democracy.

"They were really thoughtful choices," she said. "The nice thing about it is the Jackie Kennedy sort of appropriateness. Most people wouldn't know one way or another about Naeem's background, but if one sentence gets mentioned to the prime minister, then her subtleness



U.S. President Barack Obama and First lady Michelle Obama are seen before welcoming India's Prime Minister Manmohan Singh and his wife Gursharan Kaur to a state dinner at the White House.

would pay off," added Hal Rubenstein, fashion director for InStyle magazine.

Khan told CNN's Larry King that his goals were to dress the first lady in something "Indian, chic, simple but very glamourous."

Rubenstein said he was impressed that Mrs. Obama used her fashion knowledge to choose a sophisticated and regal style that paid homage to India without

wearing a traditional sari-style dress, which could have come off as a costume next to India's first lady.

"I think she looks fabulous," said Tomer. "She walked out in something that's figure-flattering and chic. Naeem's work is known for glamour and embellishment and this dress seems to embody that. She's sparkling and radiant."

THE ASSOCIATED PRESS

**Reach YOUR Goals with:
Academic Upgrading or English as a Second
Language or LINC Classes**

*Improve your English skills to help you get the job you want...or...
Upgrade your high school education to increase your employability!!*

Funding Available to those who qualify!



COLUMBIA
COLLEGE

Call today: (403) 235-9300

802 Manning Rd N.E. Calgary, AB T2E 7N8

www.columbia.ab.ca

Toll-free (outside Calgary): 1-888-235-9370

Rihanna booked for New Year's Eve

Rihanna will earn \$500,000 US to perform at a New Year's Eve party. She has been asked to sing at the Emirates Palace Hotel in Abu Dhabi to help revellers see in 2010 in what will be her first performance in the Middle East. **METRO NEWS SERVICES**

Entertainment

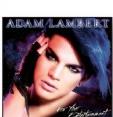
EDITOR: DEAN.LISK@METRONEWS.CA

Rihanna makes R-rated return

Boyle, Lambert, Shakira also release new music

Adam Lambert

Album: For Your Entertainment
Label: RCA/Sony
Rating: 



ADAM LAMBERT IS an Idol with staying power. And every time he gets kicked off a TV show for being provocative, just adds to his attraction. (Didn't they try that in the '50s with Elvis?). He's got it all, maybe a little bit too much. But the talent is unmistakably there, whether he's performing vocal acrobatics a la Freddy Mercury (opening track Music Again) or crooning out heartfelt love aches (Broken Open). The theatrical chameleon who mesmerized American Idol viewers continues to try on new clothes and his fans will happily take in the fashion show. Lambert's debut album suffers at times from the heavy hand of Idol production techniques. It will be in-

AlbumReviews

music@metronews.ca

teresting to see what he has in store for us with his next.

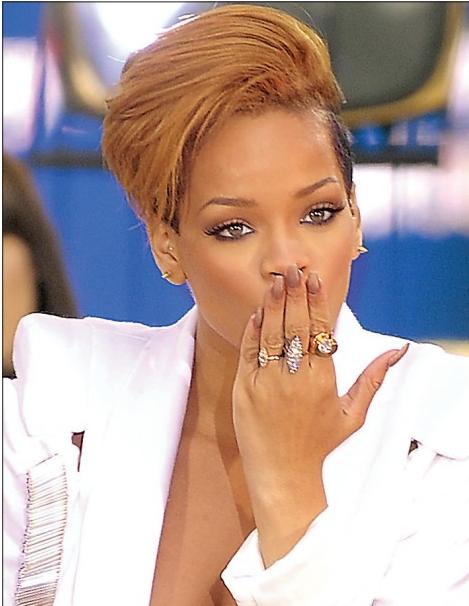
Graham Rockingham/for Metro Canada

Rihanna

Album: Rated R
Label: Def Jam/Universal
Rating: 



THERE'S NOTHING LIKE relationship trauma to get the creative juices flowing. On Rihanna's fourth record the Barbados-born starlet turns her terrible experiences with Chris Brown into a fiery and moving disc. While there's nothing explicitly referencing Brown's brutal attack, lines like "I thought I saw your potential, guess that's what made me dumb," on Stupid in Love does give listeners a glimpse into Rihanna's complex life. Mu-



Rihanna has turned her experiences with Chris Brown into the fiery and moving new album Rated R.

sically, most of the tunes are stellar — they're haunting, dark and befitting of the album's name. There's nothing quite as catchy as Umbrella, but this is still a repeat-worthy record.

Bryan Borzykowski/for Metro Canada

***** A CLASSIC; ***** EXCELLENT; *** GOOD; ** FAIR; * POOR

Purple gain

While she is said to have scoffed at the idea of posing for Playboy, Lindsay Lohan is reportedly ready to get provocative for a photo spread in France's Purple magazine.

LIFE & STYLE WEEKLY



country raunch ballad, should be enough to send music fans running for manure shovels. But sometimes it's best to leave preconceptions at the stable door. Boyle somehow pulls off the impossible. There is a wonderfully unique lilt to her English schoolgirl voice that drags the song's full five minutes. Ditto with her Streisand-like take on the great American standard, Cry Me a River. Yet, one has to wonder if the world really needs more recorded versions of Amazing Grace and Silent Night.

Graham Rockingham/for Metro Canada

Graham Rockingham/for Metro Canada

Lady Gaga

Album: The Fame Monster
Label: Interscope/Universal
Rating: 



WITH HER FLAMBOYANT behaviour and over-the-top costumes, it's easy to forget that it was Lady Gaga songs that catapulted her into the spotlight. Her new eight-song EP — which is also packaged with her debut as a deluxe version — pushes her songwriting skills further, tackling Shakira-like Latin on Alejandro and jangly soul on Teeth. It's clear that Gaga doesn't want to be a one-album wonder.

Bryan Borzykowski/for Metro Canada

Susan Boyle

Album: I Dreamed a Dream
Label: Columbia/Sony
Rating: 



JUST THE THOUGHT of Susan Boyle covering Wild Horses, the Rolling Stones' classic

YOU CAN APPROACH this album in one of two ways — 1) the latest instalment of trash from the jiggle queen of pop, or 2) an artfully crafted piece of camp to be taken with a nod and a wink rather than a snicker and a sneer. Let's

Bryan Borzykowski/for Metro Canada

rogers.com/webphones

ULTIMATE WEBPHONES ON CANADA'S MOST RELIABLE NETWORK[†]

EXCLUSIVELY FROM  **ROGERS**TM

Offer subject to change without notice. [†]Most reliable network refers to call clarity and dropped calls (voice) and to session completion rate (data) as measured within Rogers HSPA footprint and comparing with competitors' voice and data 1xEvDO networks. Rogers HSPA network not available in all areas. See rogers.com/reliable for details. © 2009 Rogers Wireless.

Sting's spooky take on Christmas

Sting and his wife Trudie keep with tradition on Christmas Eve: They go to a local church, sing along to carols, then head back home to their English estate to open presents with their family.

It's a cheery scene one would expect during the holiday season. But that kind of celebratory mood is absent on his latest album, If On A Winter's Night.

Instead, the seasonal offering features the rocker's interpretations of traditional British songs, ranging from carols to lullabies, that sombrely mark the winter season — definitely not the kind of music for that tree-trimming party.

"I wanted to present something slightly different," explains a bearded Sting.

"There's a fault with a lot of Christmas songs; they are a little bit triumphal: 'Isn't life wonderful, God's in his heaven'

and I'm rich,'" laughs Sting. "They sort of forget a lot of people aren't."

If On A Winter's Night, which Sting will present in a Great Performances concert on PBS on U.S. Thanksgiving, doesn't forget. In a recent interview, Sting explained why he felt compelled to make the CD, being middle age and why he's not giving up on his rock roots.

Q Had you rejected doing a traditional Christmas album in the past?

A I don't think there's any need for me to do one of those kind of records. I think there are enough of them out there and my feeling toward the season is a little bit more ambiguous (laughs). So just to be truthful to my own sensibility, I need to acknowledge that the season is not all joy and

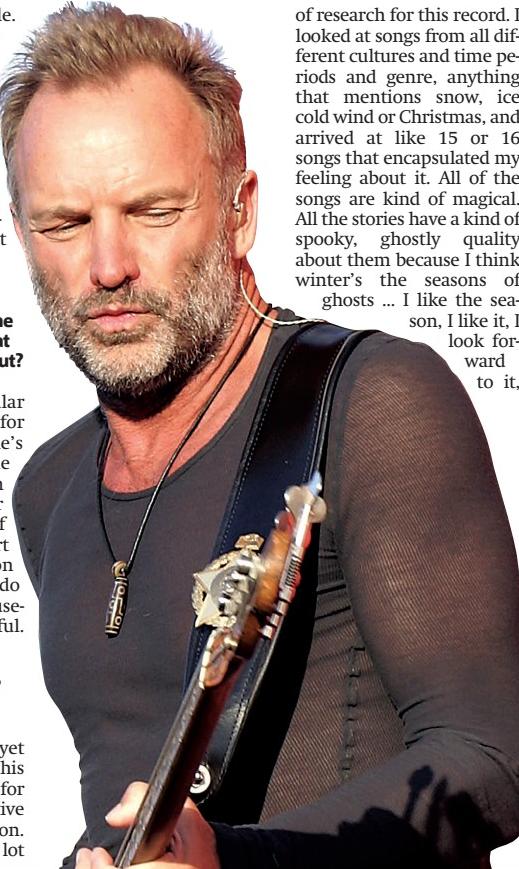
light for a lot of people. It's tough — environmentally, emotionally, spiritually. So I wanted to achieve some sort of balance between that sense of traditional Christmas and being home and being warm and being cozy, and also the opposite of those things. A lot of people suffer.

Q When the leaves start to fall and the snow comes, what do you start to think about?

A At this particular time, preparing for the winter of one's life. I'm 58. I'm not in the winter of my life but I'm definitely preparing for it, so it reminds you of your mortality, the short span of years we have on the planet, what to do with that, how to be useful, how to be meaningful.

Q How does one prepare for that?

A I don't know yet (laughs). I think this kind of work for me, this kind of creative work, is my preparation. This is my realm. I did a lot



of research for this record. I looked at songs from all different cultures and time periods and genre, anything that mentions snow, ice cold wind or Christmas, and arrived at like 15 or 16 songs that encapsulated my feeling about it. All of the songs are kind of magical. All the stories have a kind of spooky, ghostly quality about them because I think winter's the seasons of ghosts ... I like the season, I like it, I look forward to it,

but at the same time, it has a scary aspect to it.

Q Some of these songs are centuries old. Did you consider doing new songs?

A That would have been nice but at the moment in my career, I seem to be interpreting material rather than writing it. I haven't stopped writing. It just seems your career goes through cycles where sometimes you're there to learn. I'm learning to interpret other people's work and immerse yourself in other people's work. It's a good thing to do.

Q There are always people who want to hear the "pop" Sting. What do you say to that?

A I'm constantly doing different stuff, and of course I go back to rock 'n' roll, but I would have learned something from another area and bring something back. I'm not one of these guys who can stay in the same rut. I constantly want to find out new things. I'm curious. THE ASSOCIATED PRESS

Apartment Finder

To advertise contact Warren Smith at 403-539-4948

realstar management

RENT NOW FOR YOUR \$300 INCENTIVE

CALGARY PLACE APARTS.

609 8TH STREET

1 & 2 bdrm suites, Gym, games room, 1 block to LRT, Utilities included, Close to all amenities & On site management

1-877-570-7025

www.calgaryplace.com

ROYAL VIEW APARTS.

1320 16TH AVE. SW

Live in the Trendy Beltline, 1 & 2 bdrm suites, Gym, sundeck, 1 block to 17th Ave., Utilities included & On site management

1-877-572-1835

www.royalviewapts.com

GLENMORE HEIGHTS

620 67TH AVE. SW

1 & 2 bdrm suites, Gym, social room w/ full kitchen & library area, 1 blk to Chinook Center, Utilities included & On site management

1-877-617-9803

glenmoreheights.com

GLENMORE GARDENS

2105 90TH AVE SW

1 & 2 bdrm suites & T/H social room w/ full kitchen & sitting area, Indoor pool & sauna, Close to all amenities & On site management

1-877-584-2285

glenmoregardens.com



LAKEVIEW Mews

Brand New Condo Style Suites!

1 & 2 bedroom suites • In-suite laundry • Smoke free Building • Modern décor • Minutes to Glenmore Park • Prof. On-site Staff • Wheelchair accessible suite

Come and visit our show suite! 2528 66th Ave SW
403-242-6414 • lakeviewmews.com



9100 BONAVENTURE DR.
CALGARY, AB
403•774•7074

One Bedrooms from \$949
Two Bedrooms from \$1074
FREE MONTH'S RENT

- Located in the residential area of Acadia
- Short drive to downtown
- Family friendly low-rise with playground & beautiful courtyard
- Adult-only high-rise



Hip-hop program gives students a licence to ill

DJ Freddy Fresh slaps a vinyl record on the turntable, cues it up and tells a student, "Remember, the top of the note was there, right? Grab it."

The student places his hand on the disc. Freddy Fresh sets the tonearm down on a record rotating on a second turntable. He starts the first record spinning as a percolating beat fills the classroom, then twiddles some knobs.

"Bing, bing, boom. There it is," Freddy Fresh says while showing the student the precise beat where to stop the platter. "Let's hear it. Scratch a little so we can hear the top of it."

The student "scratches" the record, moving his left hand back and forth, then lets the disc go.

"Perfect," Freddy Fresh declares.

A professional DJ since 1992, Freddy Fresh (real name Fredrick Schmid) is among the new teachers brought in by McNally Smith College of Music for a hip-hop studies program that school officials say is the first in the nation.

The private downtown St. Paul, Minn., college —



A Minnesota college began a hip-hop program in September and hopes the first students will graduate next summer.

where rapper-actor Ice Cube already funds a scholarship for music technology studies — began the hip-hop program in September and hopes the first students, after completing a recorded project and a live performance, get their diploma certificates at commencement next summer.

Even though hip-hop is only 30 years old, McNally Smith officials say the urban culture of rap has become a dominating commercial force and deserves serious study. Students say they enjoy the chance to learn from established rappers and DJs.

"What I like the most about it is there are actual

artists teaching us, as opposed to just some guy coming in a suit and tie and being like, 'This is what hip-hop is,'" said student Tim Wagner, 19, who came to McNally Smith to learn studio production and polish his MC skills.

"They know what they're talking about because they've done it."

College classes on the language of hip-hop or how to work turntables are not new. Berklee College of Music in Boston held its annual Business of Hip-Hop Symposium in October and has had visits from pioneering hip-hop DJ Grandmaster Flash and rapper Chuck D of Public

"What I like the most about it is there are actual artists teaching us, as opposed to just some guy coming in a suit and tie and being like, 'This is what hip-hop is.'" Tim Wagner

Enemy, and the University of Wisconsin-Madison recently hosted a semester-long fall lecture series on hip-hop. Marcyliena Morgan, a professor at Harvard University, founded The Hiphop Archive in 2002.

But McNally Smith is offering a full, 45-credit, three-semester hip-hop program. Courses include Deejay Techniques, Diaspora of African Music and The Language of Rap and Spoken Word III. The school hopes that hip-hop graduates will then enter McNally Smith's two- or four-year programs, where those students can apply some of their credits, said Cliff Wittstruck, dean of academic affairs.

THE ASSOCIATED PRESS

Dancing judge undergoes spinal surgery

Dancing With the Stars judge Carrie Ann Inaba was scheduled to have surgery yesterday morning in Los Angeles to relieve pressure and stiffness in her neck caused by spinal stenosis. [PEOPLE.COM](#)

Court grants Polanski bail

Pays up \$4.5 million but must remain under house arrest

The Swiss Criminal Court granted director Roman Polanski bail on Wednesday, accepting US\$4.5 million to allow him to remain under house arrest and monitored by an electronic bracelet at his chalet in the Swiss resort of Gstaad.

The Swiss Justice Ministry, which ordered him arrested on Sept. 26 as he arrived in Zurich to receive a lifetime achievement award at a film festival, said it still viewed him as a flight risk. But Polanski wasn't immediately released. He will stay in prison for up to 10 days while the Swiss government decides whether to appeal.

The verdict does not affect the Swiss Justice Ministry's ongoing assessment of whether Polanski should be extradited to the United States for having sex in 1977 with a 13-year-old girl, after plying her with champagne and a Quaalude pill at a modeling shoot.

He was initially indicted



Director Roman Polanski will be monitored by an electronic bracelet while under house arrest in his Swiss chalet.

on six felony counts, including rape by use of drugs, child molesting and sodomy. Polanski pleaded guilty to the lesser charge of unlawful sexual intercourse. In exchange, the judge agreed to drop the remaining charges and sentence him to prison for a 90-day psychiatric evaluation.

The evaluator released Polanski after 42 days, but the judge said he would send him back to serve out the 90 days. Polanski then

fled the country on Feb. 1, 1978, the day he was to be sentenced and has lived in France since.

"The 76-year-old appellant is married and the father of two minors," the court said, as it considered Polanski's offer of a cash bail secured by his apartment in Paris. "It can be assumed that as a responsible father he will, especially in view of his advanced age, attach greater importance to the financial security of his family."

"We will decide quickly on whether to order his release or file an appeal with the Federal Tribunal," Justice Ministry spokesman Folco Galli said. Authorities had 10 days to refer the matter to the tribunal, Switzerland's highest court, but Galli said they would make their decision before that. The Federal Tribunal said it had yet to receive an appeal. The decision came as a surprise. Swiss legal experts had said earlier that Polanski's chances of bail were slim.

Polanski claims the judge and prosecutors in his initial trial acted improperly. A California appeals court will listen to oral arguments from his attorneys next month. They will be urging the court to order a lower court to decide whether to dismiss charges against the fugitive director, whether he is present or not.

A decision on extraditing Polanski to Los Angeles is still pending, and would also be subject to appeals.

THE ASSOCIATED PRESS

Entertainment in brief

COMEBACK Donny Osmond was declared the new champion of Dancing With Stars on Tuesday, taking home the show's mirror ball trophy in

the season finale of the program. The former teen pop star said the show has been a highlight of his career

THE ASSOCIATED PRESS

YOU COULD WIN

A LOVE ETC... PRIZE PACK!



The Body Shop proudly presents Love Etc..., the world's first Eau de Parfum made from community trade alcohol sourced from organic sugar cane in Ecuador.

ENTER FOR YOUR CHANCE TO WIN!
[metronews.ca](#)

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes December 30, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit [www.metronews.ca](#).

metro

critics'corner

The Border

Dam, if only those pesky serial killers would stay in their own countries. In this new episode, the ICS works to prevent Maggie's (Catherine Disher) daughter from becoming the latest victim of a killer who works both sides of the border. James McGowan, Graham Abbey and Jonas Chernick also star in "Dark Ride." 9 PM on CBRT



NFL Football

Today's annual Thanksgiving Day game in Detroit between the Lions and the Green Bay Packers commences seven hours of NFL football and no doubt provides welcome respite for many from food, parades and family interaction. Aaron Rodgers and the Pack hope to improve their chances of landing a playoff berth against one of the worst teams in the game in Matthew Stafford and the Lions. After this, the Cowboys and Oakland Raiders go at it down in Dallas on CBS. 10:30 AM on CKAL KAYU

Phase 2 is London.
Move in today.

Visit our show suite today and take advantage of Calgary's best-valued high-rise condos.

London at Heritage Station is your passport to Calgary's largest residential & retail neighbourhood.

Condos from the mid \$200s
Presentation Centre at 8835 Macleod Tr. S.
M-T: 12-6, Friday: Closed,
S-S: 12-5
403-410-7575

www.ilikelondon.com

CA	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
11/26/09	primetime	267 351 - ACCESS Alberta Primetime (Live)	Cinderella Man **** (2005, Biography) Russell Crowe, Renée Zellweger, Paul Giarmati.	CSI: Crime Scene Invstgtn.	Primetime	243 317 3 CFCN etalk Access H.	The Mentalist (HDTV)	Two/Half Men	CTV News	- 4 OMNI The Office
		- 4 OMNI The Office	Omni News: S. Asian Edition	Two/Half Men	Two/Half Men	- 371 5 KXLY 4 News at 6	Entertainment The Insider (N)	Two/Half Men	Friends	Entertainment The Insider (N)
		245 306 6 CBRT Wheel-Fortune Jeopardy! (N)	Carbon Hunters (N)	The Border "Dark Ride"	Beyoncé... Am Yours	244 338 7 CICT ET Canada Entertainment 90210 (HDTV)	Survivor: Samoa (N)	CBC News: The National	The Hour	246 - 8 CKAL Law & Order: SVU The Jay Leno Show (N)
		119 705 9 CBXFT Virginie (SC)	Infoman (SC)	30 Rock	Curb-Enthsm	3600 secondes d'extase (SC)	30 Rock	The Office "Niagara"	News Hour	110 705 9 CBXFT Virginie (SC)
		(6) Local Programming	Les Années Dernières (N) (SC)	Le Téléjournal Nouvelles. (SC)	Your City		TJ Alberta	Friends	Local Programming	- 10 SHAW
		372 12 KREM News	The Doctors	Survivor: Samoa (N)	Friends	374 14 KSPS NewsHour With Jim Lehrer Julia Child Memories: Bon Appétit!	CSI: Crime Scene Invstgtn.	CSI: Crime Scene Invstgtn.	The Mentalist	374 14 KSPS NewsHour With Jim Lehrer Julia Child Memories: Bon Appétit!
		502 390 15 CBC CBC News: The National	The Nature of Things	CBC News: The National	Friends	502 390 15 CBC CBC News: The National	CBC News: The National	502 390 15 CBC CBC News: The National	Soundstage	502 390 15 CBC CBC News: The National
		370 16 KHQ News	Be-Millionaire Jeopardy! (N)	Jeopardy! (N)	Friends	373 22 KAYU The Office Raymond Two/Half Men	Two/Half Men	502 390 15 CBC CBC News: The National	Nature-Things	370 16 KHQ News
		373 22 KAYU The Office Raymond Two/Half Men	Two/Half Men	Night at the Museum ** (2006, Comedy) Ben Stiller.	Friends	373 22 KAYU The Office Raymond Two/Half Men	Two/Half Men	502 390 15 CBC CBC News: The National	Drives	373 22 KAYU The Office Raymond Two/Half Men
		297 652 37 WPXI (6) NFL Football New York Giants at Denver Broncos. (Live)	PIX News at Ten Tong.	Friends	Friends	500 500 29 CNN CNN Heroes: An All-Star Tribute (N)	Larry King Live	Friends	Malcolm-Mid. Hates Chris	According-Jim Friends
		500 502 31 CNN2 The Joy Behar Show	Nancy Grace	Friends	According-Jim Friends	500 502 31 CNN2 The Joy Behar Show	Showbiz Tonight	Friends	Oversold? Han. Montana	According-Jim Friends
		400 401 21 TSN NHL Hockey SportsCentre (HDTV) (Live)	Off the Record	Friends	According-Jim Friends	400 401 21 TSN NHL Hockey SportsCentre (HDTV) (Live)	Off the Record	Score Now	Over the Bolts	According-Jim Friends
		408 418 27 net (6) NFL Football New York Giants at Denver Broncos. (HDTV) (Live)	Over the Bolts	Sportsnet Connected	According-Jim Friends	408 418 27 net (6) NFL Football New York Giants at Denver Broncos. (HDTV) (Live)	Over the Bolts	Score Now	Sportsnet Connected	According-Jim Friends
		410 403 30SCORE (5:30) College Football Texas at Texas A&M. (Live)	Score Now	Score Now	According-Jim Friends	411 457 44 OLN Survivorman Ghost Hunters International	Bounty Hunter	Score Now	Score Now	411 457 44 OLN Survivorman Ghost Hunters International
		417 406 48 SPEED Dangerous Drives (HDTV) (N)	Bounty Hunter	Bounty Hunter	Friends	417 406 48 SPEED Dangerous Drives (HDTV) (N)	Bounty Hunter	Score Now	Bounty Hunter	417 406 48 SPEED Dangerous Drives (HDTV) (N)
		552 543 20 YTV iCarly	Ghosts Drake & Josh To Be Indie	Bounty Hunter	Friends	557 541 39 FAM Han. Montana Wizards-Place	Zack & Cody	Score Now	Bounty Hunter	552 543 20 YTV iCarly
		555 545 67 TON Jimmy Two Johnny Test Stoked	To Be Indie	Bounty Hunter	Friends	557 541 39 FAM Han. Montana Wizards-Place	Overruled?	Score Now	Bounty Hunter	555 545 67 TON Jimmy Two Johnny Test Stoked
		575 583 11 CMT According-Jim Jimmy Two	Home Improve.	Bounty Hunter	Friends	557 545 67 TON Jimmy Two Johnny Test Stoked	Total Drama	Score Now	Bounty Hunter	575 583 11 CMT According-Jim Jimmy Two
		553 546 17 TREE Little Bear Maggie-Beast Babar	Home Improve.	Bounty Hunter	Friends	561 552 33 SLICE X-Weighted X-Weighted "Diane"	Unstable	Score Now	Bounty Hunter	553 546 17 TREE Little Bear Maggie-Beast Babar
		505 398 19 TWIN (5) EarthWatch One	Zigby	Bounty Hunter	Friends	602 568 23 W House-Sell Confidential	Unstable	Score Now	Bounty Hunter	505 398 19 TWIN (5) EarthWatch One
		505 560 24 TLC Cake Boss Cake Boss	EarthWatch One	Bounty Hunter	Friends	505 560 24 TLC Cake Boss Cake Boss	Dragon (DVS)	Score Now	Bounty Hunter	505 560 24 TLC Cake Boss Cake Boss
		603 561 25 FOOD Heston's Feasts (N)	Confidential	Dragon (DVS)	Friends	505 561 25 FOOD Heston's Feasts (N)	Backyardigans Ni Hao, Kai-lan Go, Diego, Go!	Score Now	Bounty Hunter	603 561 25 FOOD Heston's Feasts (N)
		615 520 26 A&E The First 48 (HDTV)	Confidential	Dragon (DVS)	Friends	505 561 25 FOOD Heston's Feasts (N)	Backyardigans Ni Hao, Kai-lan Go, Diego, Go!	Score Now	Bounty Hunter	615 520 26 A&E The First 48 (HDTV)
		617 522 32 SHOW Trailer Park	The Outer Limits	Dragon (DVS)	Friends	505 561 25 FOOD Heston's Feasts (N)	Backyardigans Ni Hao, Kai-lan Go, Diego, Go!	Score Now	Bounty Hunter	617 522 32 SHOW Trailer Park
		601 562 33 SLICE X-Weighted X-Weighted "Diane"	Da Vinci's City Hall	Dragon (DVS)	Friends	505 561 25 FOOD Heston's Feasts (N)	Backyardigans Ni Hao, Kai-lan Go, Diego, Go!	Score Now	Bounty Hunter	601 562 33 SLICE X-Weighted X-Weighted "Diane"
		633 34 EN2C (6:50) This Is My Father *** (1998, Drama) Aidan Quinn.	ET Canada What Happen?	Dragon (DVS)	Friends	505 561 25 FOOD Heston's Feasts (N)	Backyardigans Ni Hao, Kai-lan Go, Diego, Go!	Score Now	Bounty Hunter	633 34 EN2C (6:50) This Is My Father *** (1998, Drama) Aidan Quinn.
		520 505 35 DISC Life "Insects" (N)	Mask *** (1985, Biography) Eric Stoltz, Cher, Sam Elliott.	Dragon (DVS)	Friends	520 505 35 DISC Life "Insects" (N)	Backyardigans Ni Hao, Kai-lan Go, Diego, Go!	Score Now	Bounty Hunter	520 505 35 DISC Life "Insects" (N)
		620 523 36 BRAVO Eighteen (2004, Drama) Brendan Fletcher. (DVS)	MythBusters	Dragon (DVS)	Friends	520 505 35 DISC Life "Insects" (N)	Backyardigans Ni Hao, Kai-lan Go, Diego, Go!	Score Now	Bounty Hunter	620 523 36 BRAVO Eighteen (2004, Drama) Brendan Fletcher. (DVS)
		299 650 40 WPCH Law & Order: SVU Daddy's Little Girls ** (2007, Romance), Idris Elba Holmes Inspection	Daddy's Little Girls ** (2007, Romance), Idris Elba Holmes Inspection	Dragon (DVS)	Friends	520 505 35 DISC Life "Insects" (N)	Backyardigans Ni Hao, Kai-lan Go, Diego, Go!	Score Now	Bounty Hunter	299 650 40 WPCH Law & Order: SVU Daddy's Little Girls ** (2007, Romance), Idris Elba Holmes Inspection
		624 547 41 COM Just for Laughs Air Force 22 Minutes Corner Gas Name is Earl	Corner Gas	Dragon (DVS)	Friends	522 516 45 HIST Underworld Histories Ice Road Truckers	MANswers	Dragon (DVS)	Friends	624 547 41 COM Just for Laughs Air Force 22 Minutes Corner Gas Name is Earl
		539 42 42 TCM (6) To Catch a Thief High Society *** (1956, Musical Comedy) (DVS)	High Society *** (1956, Musical Comedy) (DVS)	Dragon (DVS)	Friends	522 516 45 HIST Underworld Histories Ice Road Truckers	MANswers	Dragon (DVS)	Friends	539 42 42 TCM (6) To Catch a Thief High Society *** (1956, Musical Comedy) (DVS)
		628 584 43 SPIKE TNA Wrestling (HDTV) (N)	MANswers	Dragon (DVS)	Friends	522 516 45 HIST Underworld Histories Ice Road Truckers	MANswers	Dragon (DVS)	Friends	628 584 43 SPIKE TNA Wrestling (HDTV) (N)
		522 516 45 HIST Underworld Histories Ice Road Truckers	Ancient Discoveries	Dragon (DVS)	Friends	522 516 45 HIST Underworld Histories Ice Road Truckers	MANswers	Dragon (DVS)	Friends	522 516 45 HIST Underworld Histories Ice Road Truckers
		627 528 46 SPACE Primeval Eureka (N)	Cold Case	Dragon (DVS)	Friends	522 516 45 HIST Underworld Histories Ice Road Truckers	MANswers	Dragon (DVS)	Friends	627 528 46 SPACE Primeval Eureka (N)
		527 530 47 AMC (6) The Godfather ***** (1972, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	Dragon (DVS)	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	MANswers	Dragon (DVS)	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.
		619 525 49 TROP Bob & Doug Seinfeld Seinfeld	Over the Bolts	Dragon (DVS)	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	Dragon (DVS)	Friends	619 525 49 TROP Bob & Doug Seinfeld Seinfeld
		600 564 50 HGTV Renovation Disaster DIY House Hunters House Hunters Holmes Inspection	Over the Bolts	Dragon (DVS)	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Encounters	Dragon (DVS)	Friends	600 564 50 HGTV Renovation Disaster DIY House Hunters House Hunters Holmes Inspection
		501 591 52 CTV TV News Tonight CTV News CTV News	Moose TV	Judging Amy	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Judging Amy	Moose TV	Friends	501 591 52 CTV TV News Tonight CTV News CTV News
		504 508 70 BNN Squeeze Play Business News Commodities Market Call Tonight Headlines	InnerSpace (N)	Psychic Inv.	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	InnerSpace (N)	Friends	504 508 70 BNN Squeeze Play Business News Commodities Market Call Tonight Headlines
		526 507 92 VIVA The Closer Cold Case Encounters	Stargate SG-1	Judging Amy	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	Stargate SG-1	Friends	526 507 92 VIVA The Closer Cold Case Encounters
		269 350 93 APTN Wapow Bay By the Rapids Over the Bolts Moose TV The Legend of Johnny Lingo *** (2003, Adventure)	Shakilmaan	Judging Amy	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	Shakilmaan	Friends	269 350 93 APTN Wapow Bay By the Rapids Over the Bolts Moose TV The Legend of Johnny Lingo *** (2003, Adventure)
		- 94 MCP World News News Sewing Maid Kingdom-Wind Vancouver Shakespearian	Vancouver	Judging Amy	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	Vancouver	Friends	- 94 MCP World News News Sewing Maid Kingdom-Wind Vancouver Shakespearian
		571 581 100 MMV Elvis: Viva Las Vegas mmptop10.ca	Shakespearian	Judging Amy	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	Shakespearian	Friends	571 581 100 MMV Elvis: Viva Las Vegas mmptop10.ca
		570 580 101 MM You Can Dance Love Court Instant Star One Tree Hill So You Think You Can Dance Canada	One Tree Hill	Judging Amy	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	One Tree Hill	Friends	570 580 101 MM You Can Dance Love Court Instant Star One Tree Hill So You Think You Can Dance Canada
		581 566 102 MTV Real World-Road Rules Gone Too Far MTV Live Sex, News-Roll Peak Season After	Sex, News-Roll	Judging Amy	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	Sex, News-Roll	Friends	581 566 102 MTV Real World-Road Rules Gone Too Far MTV Live Sex, News-Roll Peak Season After
		- 116 TV5 Envoyé spécial Cité guide	Vous aurez le dernier mot	Judging Amy	Friends	527 530 47 AMC (6) The Godfather, Part II ***** (1974, Crime Drama) Marlon Brando, Al Pacino.	Psychic Inv.	Vous aurez le dernier mot	Friends	- 116 TV5 Envoyé spécial Cité guide Vous aurez le dernier mot

A tea shop in Kensington, the Naked Leaf (305 10th St. N.W.) is run by a former professional dancer. Pick from 75 teas and unique tin labels designed by local artists. **ANDREE LAU/FOR METRO CALGARY**

Urban Foodie

INSPIRED; VERY GOOD; PALATABLE; HO-HUM; NEVER AGAIN

Proper fish and chips at British Chippy

ANDREE LAU
CalgaryUrbanFoodie@gmail.com

The British Chippy
2335 162nd Ave. S.W.,
Calgary
(403) 256-1156
thebritishchippy.com

Signature Drink:
Irn-bru
Signature Dish:
Cod & chips
Rating:
Dinner & drinks for 2: \$28

Business has been non-stop at the British Chippy since it opened a mere month ago, packed with Calgarians

and expats clamouring for authentic fish and chips (\$11.99).

On that, the Chippy delivers. Hand-cut, six-ounce cod or haddock fillets are battered with a family recipe for a satisfying crunch without overwhelming the fish. Chips are cut thick from local organic potatoes, and double-fried to achieve maximum crispy, hot, goldenness.

Mushy peas (\$2.50) need salt but don't taste pre-packaged at least. Curry sauce (\$1.95) is thick and savoury. Tartar sauce comes in Kraft packets.

The Chippy is licensed,

On the web

- Get recipes and more great food content at metronews.ca/recipes

serving Boddingtons and Guinness, as well as various neon-coloured British sodas.

To ensure a proper review, I brought along a proper Brit (who had a bottle of malt vinegar in her purse just in case).

She was delighted at the actual chips ("not fries") and approved of the not-too-greasy cod.

However, the process of



Fish and chips (\$11.99)

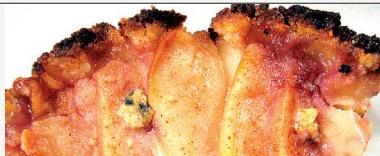
getting served was deemed "a bit rubbish."

Signs warn of waits up to 55 minutes but nothing di-

rects customers on how to (proceed to cashier); or pick up meals they've phoned ahead for (loiter around until your name is called).

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of Thin Pear Tart.



Dining out

NICE AND OVER EASY

Freshly open Over Easy (824 Edmonton Tr. N.E.) is already attracting a loyal breakfast crowd enjoying bacon and eggs, Bennys, and sweet and savoury crêpes. Bonus points for modern decor and

attentive staff.

LUXURY BUBBLY

Taste the world's most famous champagne at Divino (113 8th Ave. S.W.), now offering Dom Perignon for \$39 per stem. Promotion continues until Valentine's Day.

In brief

GET SHARP Cutting with a dull knife is dangerous. Get yours sharpened at Knifewear (1316 9th Ave. S.E.). Be warned though, you might walk out with a beautiful Japanese blade.

ANDREE LAU/
FOR METRO CALGARY

JUGO JUICE®

{ CRAVIN' A LITTLE HOLIDAY CHEER? }

CRAVIN'
CRANBERRY

NEW!

HOLIDAY FEATURE SMOOTHIE
A REFRESHING BLEND OF STRAWBERRIES,
BLUEBERRIES & CRANBERRY JUICE.

jugojuice.com

*AVAILABLE AT PARTICIPATING CALGARY JUGO JUICE LOCATIONS FOR A LIMITED TIME.

Jon Voight's Christmas wish list

Jon Voight admits that all he wants for Christmas is to meet his one-year-old twin grandchildren, Vivienne and Knox Jolie-Pitt, he tells OK! Magazine. "That will be my Christmas wish," he says. **METRO NEWS SERVICES**

**entertainment 37****Celebrity Buzz****SATC stars not exactly BFFs on the set?****Richie still laid up in bed, but strong enough to type**

TWEET RX Although back from the hospital, Nicole Richie says she's still home after a bout with pneumonia. "Right now it's important for me to stay in bed and recover," Richie wrote on her blog.

METRO NEWS SERVICES

**Celebrity tweets**

Kirstie Alley is sympathizing with the birds, **Rania Al Abdulla** has some *Twilight* content suggestions, and **Ashton Kutcher** is pondering the really big issues.



• **@kirstiealley** GOOD MORNING DECAPITATED TURKEYS...sad but true, this is NOT the season for our gobblin friends to be jolly.

• **@QueenRania** Finally watched *New Moon* (for my teenage kids' sake, of course). That poor girl, no 1 should have limited choice between vampire and wolf! Next time they should throw mummies, harpies or ogres in the mix. A girl's gotta have choices!

• **@aplusk** thinking about growing the hair out again.

METRO WORLD NEWS

KEEP YOUR FRIENDS CLOSE...

The sequel to the *Sex and the City* movie is in full swing, with production moving to Morocco for seven weeks, but the four stars are only spending time together on-camera, according to the New York Post's Cindy Adams, who says Sarah Jessica Parker and Cynthia Nixon are staying at different hotels. And while Kristin Davis and Kim Cat-

trall are both staying at the Aménena Hotel, they're avoiding each other as well after shooting is done for the day, even dining separately in the hotel restaurant.

METRO WORLD NEWS



JACOB'S CREEK



WELCOME TO OUR PLACE.

**YOU COULD
WIN***

A COMEDY FESTIVAL
EXPERIENCE IN
MONTREAL!

COURTESY OF

WESTJET

&
JACOB'S CREEK™
OFFICIAL WINE



WWW.JACOBSCREEK.COM
Please enjoy our products responsibly.

* SEE JACOB'S CREEK™ FEATURES IN SELECT LIQUOR STORES BETWEEN NOVEMBER 2 AND DECEMBER 31 FOR DETAILS, OR EMAIL JFLALBERTA@CORBY.CA
NO PURCHASE NECESSARY, MUST BE OF LEGAL DRINKING AGE.

J.Lo opens up about her infamous AMA tumble**NOW IT'S JUST HER JOKES**

FALLING FLAT Jennifer Lopez is taking her tumble onstage at the American Music Awards in stride, joking with Ryan Seacrest on his radio show that it was completely intentional.

"Did I trip a little bit?" she laughs. "Yeah, I meant to do that. That was part of the choreography." On the serious side, Lopez is keeping

perspective on the accident. "The measure of things isn't what happens when you fall, it's how you recover," she says.

METRO WORLD NEWS

**Demi's cover photo mystery deepens****CHEAPER THAN MORE SURGERY**

The scandal brewing over whether Demi Moore's photo on the cover of *W* was doctored has reached a new level. The blog Pop Culture Madness has uncovered evidence that they claim proves Moore's head was simply attached to the body of 26-year-old model Anja Rubik. Moore, who was vocal about the scandal before via her Twitter ac-

count, has yet to address the latest claims.

METRO WORLD NEWS

**Lambert answers his critics**

SO WHAT? HE'S STILL A ROCK STAR Adam Lambert knows that, as a performer with an over-the-top stage act, audiences are going to love him or hate him — and he's fine with either, people.com reports.

"I could be somebody's role model, but on the flip side I could be somebody's worst nightmare at the same time," the singer, 27,

tells Popeater. "You never know how you're going to affect people, being in this position."

METRO WORLD NEWS

**Twilight star says he was bullied at school****REVENGE OF THE NERD**

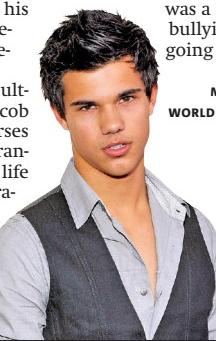
Taylor Lautner was bullied at school over his love for acting, femalefirst.co.uk reports.

The star has catapulted to fame playing Jacob in the vampire verses werewolves film franchise, but he admits life was difficult as a drama nerd.

He tells Rolling Stone magazine, "I was never extremely confident. Because I

was an actor when I was in school there was a little bullying going on.

METRO WORLD NEWS



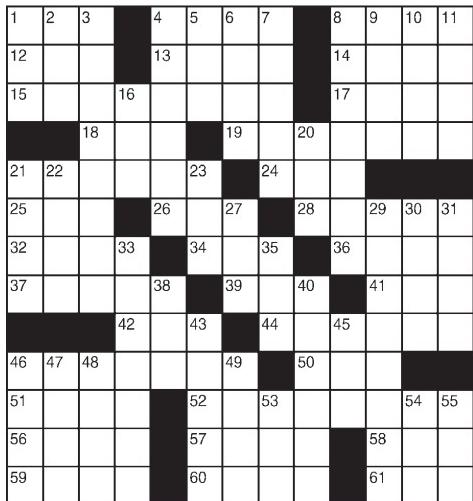


Today
Mostly sunny
7°C / -1°C

Friday
Partly cloudy
5°C / -2°C

Saturday
Mostly sunny
3°C / -5°C

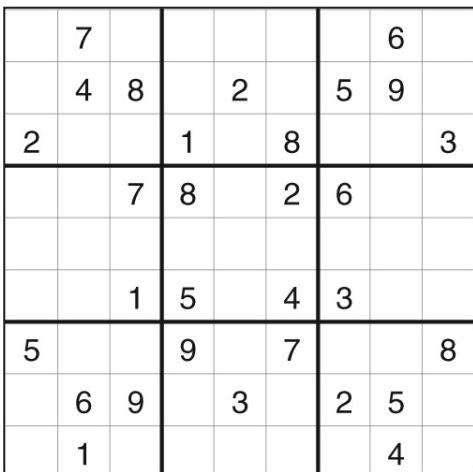
Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



ACROSS

- 1 Pouch
- 4 Crooner Perry
- 8 Cribbage score-keepers
- 12 Berlin's "What'll ___?"
- 13 Paper quantity
- 14 Bound
- 15 Trade
- 17 ___ mater
- 18 Central
- 19 Israeli parliament
- 21 Toxic hydrocarbon
- 24 Perched
- 25 Toss in
- 26 Uncle, south of the border
- 28 Sounds from grandfather?
- 32 Cry
- 34 Saloon
- 36 Scoop holder
- 37 Twangy
- 39 Beam of light
- 41 Culpa preceder
- 42 Clampett patriarch
- 46 47 48
- 49
- 50
- 51
- 52
- 53
- 55
- 56
- 57
- 58
- 59
- 60
- 61

DOWN

- 1 Bracketed word
- 2 Commotion
- 3 Low chest of drawers
- 4 One way to pay
- 5 "___ the fields we go"
- 6 Big name in trucks
- 7 Portents
- 8 Barbie's make-up?
- 9 Morays, e.g.
- 44 Cyclist's pro-
- tection
- 46 A, C or E
- 50 Mermaid's realm
- 51 Grad
- 52 Shared
- 56 Actress Sorvino
- 57 Duel tool
- 58 Conk out
- 59 Nerd-pack contents
- 60 Stitched together
- 61 Mined-over matter

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

BRO	ALBA	BATH	5	1	2	4	8	9	6	3	7
LAP	BOOT	ILIA	6	4	3	5	7	2	8	1	9
OVA	SPON	BILL	7	8	9	6	1	3	5	2	4
CELLO	MAL	PESTO	4	3	8	7	2	6	9	5	1
SNOWBALL	SOAR	AIM	2	6	7	1	9	5	4	8	3
SLIM	SNOOD	MIA	9	5	1	8	3	4	2	7	6
SETAE	TACOBELL	LEA	3	7	5	9	4	8	1	6	2
PAPALBULL	EWE	GAVEL	8	2	4	3	6	1	7	9	5
OPED	LIKEA	TEA	1	9	6	2	5	7	3	4	8
DEWY	TEES	ORK									

On the web



For more games and 60 additional daily cartoon strips, visit metronews.ca

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20



Someone you meet over the next 24 hours will inspire you creatively and maybe romantically too.

LIBRA

SEPT 23-OCT 23



Although you may be willing to change your plans to help a friend in need you must not think you are obliged to do so.

TAURUS

APRIL 21-MAY 21



What someone tells you today might sound like good advice but the chances are they are thinking more about themselves than about you.

SCORPIO

OCT 24-NOV 22



Make out that you are not really bothered what loved ones are up to today, even though you may be angry because they did not consult you first.

GEMINI

MAY 22-JUNE 21



No matter how much you have planned ahead there will be disruptions today and you are likely to get annoyed with people who let you down.

SAGITTARIUS

NOV 23-DEC 21



The journey you have embarked on may be long and there may be no guarantees, but there is little doubt that you will get there.

CANCER

JUNE 22-JULY 22



You seem to be in two minds about whether to push ahead with something you know is right for you but may be wrong for other people.

CAPRICORN

DEC 22-JAN 20



Don't plan too far ahead today because even routine matters are likely to change. Your time will come, maybe not today but soon.

LEO

JULY 23-AUG 23



Someone you are fond of has got themselves into a lot of unnecessary trouble. Be sympathetic but make sure they learn from it too.

AQUARIUS

JAN 21-FEB 18



According to the planets you are about to discover that your sympathy for someone you thought was in trouble was misplaced to say the least.

VIRGO

AUG 24-SEPT 22



Don't be afraid to disagree with someone in a higher position today because if you don't they will make other demands you find difficult to accept.

PISCES

FEB 19-MARCH 20



Nothing negative is going to happen today, so don't let your imagination run riot.

JUST OPENED!

sleep R over doggie hotel & daycare .overnight..daycare..grooming..boutique..REIKI..
Spoil R over! 403-295-RUFF 7833 home away from home
Book Rover's Christmas Holidays in now - Quick dropoff from the airport!
www.sleeprover.ca

London
AT HERITAGE STATION

Phase 2 is Londone.
Move in today.

Presentation Centre: 8835 Macleod Tr. S.
Condos from the mid \$200s
M-T: 12-6, Friday: Closed, S-S: 12-5 • 403-410-7575

www.ilikelondon.com

ADVENTURE!
Teach English Overseas

TESOL Certified in 5-Days
In-Class or Online NO DEGREE REQUIRED!
1-888-270-2941

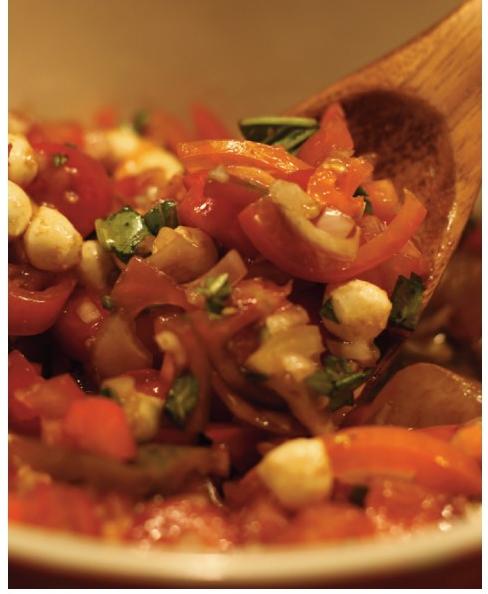
Job Guaranteed

www.globaltesol.com

GLOBAL TESOL COLLEGE

Metro Recipe of the Day

Metro Recipe of the Day



Tomato & Basil Salad

Submitted by Irene Leung, Port Dover, ON

INGREDIENTS:

- 5 tomatoes or a combination of cherry and regular tomatoes
- 10 tablespoons of chopped fresh basil
- 2 small red onions or shallots
- 1 cup of mini bocconcini cheese balls
- 4 tablespoons of good quality balsamic vinegar
- 7 tablespoons of extra virgin olive oil

SERVES 2

PREP TIME: 10 MINUTES

COOK TIME: 0 MINUTES



20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at 20minutesupperclub.com

Take Five

Mediterranean Shepherd's Pie**INGREDIENTS:**

15 ml (1 tbsp) olive oil
2 medium onions, chopped
1.5 kg (3 lb) ground lamb
2 ml (1/2 tsp) salt
2 ml (1/2 tsp) cracked black pepper
3 cloves garlic, minced
30 ml (2 tbsp) tomato paste
125 ml (1/2 cup) red wine
125 ml (1/2 cup) chicken broth
1 can (796 ml/28 oz) diced tomatoes
1 sprig fresh rosemary
125 ml (1/2 cup) chopped kalamata olives
50 ml (1/4 cup) chopped fresh parsley
Polenta
750 ml (3 cups) water
500 ml (2 cups) ground polenta
750 ml (3 cups) cold milk
5 ml (1 tsp) salt
250 ml (1 cup) fresh grated Parmesan cheese
30 ml (2 tbsp) butter

METHOD:

- 1) Preheat oven to 190 C (375 F).
- 2) In a large deep skillet, heat oil over medium-high heat.

Metro Recipes of the Day

Mediterranean Shepherd's pie, left, with ground lamb, olives and crumbled feta, right, Brewed Beef with Root Vegetables.



RYAN PFEIFFER/THE CANADIAN PRESS
RYAN PFEIFFER/THE CANADIAN PRESS

10 ml (2 tsp) white wine vinegar
2 ml (1/2 tsp) granulated sugar
5 ml (1 tsp) dried thyme
1 can (284 ml) undiluted beef broth
1 bottle (341 ml) beer
Bay leaves
Roasted Root Vegetables

METHOD:

- 1) In Dutch oven or stockpot, cook bacon over medium-high heat until crisp; transfer to slow cooker.
- 2) Season steak with salt and pepper; brown in bacon drippings in Dutch oven and transfer to slow cooker.

3) Add onions and cook, stirring often, until tender and golden, about 10 minutes.
4) Add lamb and cook, breaking up pieces with the back of a spoon, until browned and no pink remains, about 10 minutes.
5) Drain any fat; season with salt and pepper. Add garlic and tomato paste and cook for 1 minute.
6) Add wine and simmer until it is reduced by half.
7) Add broth, tomatoes and rosemary. Adjust heat to maintain a simmer, stir-

ring occasionally until sauce thickens and coats meat, about 15 minutes.
8) Remove from heat. Stir in olives and parsley. Meanwhile, in a large saucepan over high heat, bring water to a boil.
9) Stir in polenta, milk and salt, stirring constantly, until smooth and polenta begins to thicken, about 15 minutes.
10) Reduce heat to medium and cook until polenta begins to bubble and pop, about 10 minutes.
11) Reduce heat to low, stir in Parmesan and butter, continuing to stir until polenta pulls away from sides of the pan, about 10 minutes.
12) To assemble: Spread lamb filling into a 3-l (9-by-13-inch) baking dish.
13) Drop large spoonfuls of polenta evenly over surface of lamb and gently spread to get an even layer.
14) Bake for 30 to 40 minutes until polenta is golden and filling is bubbling around edges. Let cool for

10 minutes before serving.

MAKES 10-12 SERVINGS**Brewed Beef with Root Vegetables****INGREDIENTS:**

2 slices bacon, finely diced
500 g (1 lb) beef blade or cross rib simmering steak, cut into quarters
Salt and pepper, to taste
2 cloves garlic, minced
4 medium onions, thinly sliced
30 ml (2 tbsp) all-purpose flour

MAKES 4 SERVINGS

THE CANADIAN PRESS



The satisfying, infuriating, satisfying again puzzle-solving game.



Over 150 puzzles and brainteasers. Countless reactions.



Alcohol Reference
Mild Violence

LEVELS

NINTENDO DS™

CASH FOR CLUNKERS

up to \$3,000

OWN A GM?

save \$1,000

on select models

2 GREAT CARS. 1 GREAT PRICE.

\$12,995

**\$84 PAYMENTS
ZERO DOWN**

SAVE UP TO
\$1000
Cash for
Clunkers

2009 Pontiac
G5 Sedan



P91102

2009 Pontiac
Wave



SAVE UP TO
\$500
Cash for
Clunkers



payments based on 84 month 5.79% biweekly payments, O.A.C., fees and GST extra, errors and omissions except

**Diesel
MADNESS**



SILVERADO 2500 LT EXTENDED CAB DIESEL

MSRP: \$58,460
Sale: \$47,988
GM Loyalty: \$1,000
Cash For Clunkers \$3,000

**CASH FOR CLUNKERS
up to \$3,000**
**OWN A GM?
save \$1,000**

YOU
PAY

\$43,988

\$286 PAYMENTS ZERO DOWN!



2010 TRAVERSE
YOU PAY \$28,505

**11
TO CHOOSE
FROM**

MSRP: \$37,055
CMP SPECIAL \$32,505
GM LOYALTY BONUS (\$1000)
CASH FOR CLUNKERS (\$3,000)

**\$184 PAYMENTS
ZERO DOWN**



C100105

REBUILD YOUR CREDIT AND GET THE CAR YOU DESERVE CALL PAUL (403) 569-5417
calgaryautofinancing.com

Calgary's GM Choice



403-207-2457
cmppauto.com

